

Shine For Shannon

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Fred Whitehouse (IRE) - March 2020
音乐: I Believe - Yolanda Adams : (Album: Honey Soundtrack)



#64 Count Intro

Restart on Wall 2 (after 8 counts), and Wall 6 (after 16 counts)

(1-8) Step Diagonal, Clap Touch, Repeat, Walk Back x 4

1,2 Step R forward to diagonal (1:30), Clap while touching L beside R
3,4 Step L forward to diagonal (10:30), Clap while touching R beside L
5,6 Step back R (6:00), Step back L
7,8 Step back R, Step back L

*Restart here on Wall 2

(9-16) Stomp Forward R x 2, Stomp Forward L x 2

1,2 Stomp R forward, Repeat
3,4 Stomp L forward, Repeat
5,6 Step R forward making ¼ turn L (9:00)
7,8 Step R forward making ¼ turn L (6:00)

*Restart here on Wall 6

(17-24) Out, Out, In, In, Repeat

1,2 Step R out to R diagonal (push both hands up R), Step L out to L diagonal (push both hands up L)
3,4 Step R back (rolling fists in front of you), Step L back (rolling fists in front of you)
5,6 Repeat Counts 17,18
7,8 Repeat Counts 19,20

(25-32) Slide Forward Diagonal, Heel Bounce x 2, Repeat

1,2 Step R forward diagonal (7:30), Step L beside R
3,4 Lift both heels off the floor and bounce heels twice
5,6 Step L forward diagonal (4:30), Step R beside L
7,8 Lift both heels off the floor and bounce heels twice

Start Again
