

# Flames

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Stéphanie Bijon (FR) - January 2020  
音乐: Flames - R3HAB, ZAYN & Jungleboi



Intro : 32 counts - Phrasing : A B A restart A B A

## Part A: 32 counts

[1-8] – R STEP FORWARD, L LOCK, R STEP LOCKSTEP, L TOUCH with CLAP, L STEP FORWARD, R LOCK, L STEPLOCKSTEP, R TOUCH with CLAP

12            Step R forward (1), Lock L behind R (2)  
&3&4        Step R forward (&), Lock L behind R (3), Step R forward (&), Touch LF next to R with a clap (4)  
56            Step L forward (5), Lock R behind L (6)  
&7&8        Step R forward (&), Lock L behind R (7), Step R forward (&), Touch RF next to L with a clap (8)

[9-16] – R ROCK FORWARD, L RECOVER, R ¼ TURN, L CROSS SHUFFLE, R SIDE, L BEHIND SIDE CROSS SHUFFLE

12            Rock R forward (1), Recover on L (2)  
&3&4        ¼ turn to R, RF to R side (&), Cross L over R (3), Step R to R side (&), Cross L over R (4)  
03:00  
56            Step R to R side (5), Cross L behind R (6)  
&7&8        Step R to R side (&), Cross L over R (7), Step R to R side (&), Cross L over R (8)

**\*\*Restart**

[17-24] – R STOMP, L TOUCH with CLAP, L SHUFFLE BACK, R TOUCH, R STOMP, L TOUCH with CLAP, L SHUFFLE FORWARD

12            Stomp R on diagonal (1), Touch L behind R with a clap (2)  
&3&4        Step L back on diagonal L (&), Step R next to L (3), Step L back on diagonal L (&), Touch R next to L (4)  
56            Stomp back R on diagonal R (5), Touch L next to R with a clap (6)  
&7&8        Step L forward on diagonal L (&), Step R next to L (7), Step L forward on diagonal L (&), Touch R next to L (8)

[25-32] – R ROCK FORWARD, L RECOVER, R ½ TURN, R BALL STEP, R ROCK FORWARD, L RECOVER, R COASTER STEP, L STEP FORWARD

12            Rock R forward (1), Recover on L (2)  
&3&4        ½ turn to R, RF forward (&), Step L forward (3), Step R forward on ball (&), Step L forward (4)  
09:00  
56            Rock R forward (5), Recover on L (6)  
&7&8        Step R back (&), Step L back next to L (7), Step R forward (&), Step L forward (8)

## Part B: 32 counts

[1-8] – R STEP FORWARD with L SWEEP, L CROSS, L ¼ TURN, L SHUFFLE, R STEP with L SWEEP, L CROSS, R SIDE

123            Step R forward with L sweep from back to front (1), Cross L over R (2), ¼ turn L (3) 06:00  
4&5            Step LF to L side (4), Step R next to L (&), Step L to L side (5)  
678            Step R forward with L sweep from back to front (6), Cross L over R (7), Step R to R side (8)

[9-16] – L BEHIND with R SWEEP, R BEHIND SIDE, R SHUFFLE FORWARD, L STEP, R ½ TURN, L STEP FORWARD

123            Cross L behind R with sweep R from front to back (1), Cross R behind L (2), Step L to L side (3)

4&5 Step R forward (4), Step L next to R (&), Step R forward (5)  
678 Step L forward (6), ½ turn to R (7), Step L forward (8) 12:00

**[17-24] – R STEP FORWARD with L SWEEP, L CROSS, L ¼ TURN, L SHUFFLE, R STEP with L SWEEP, L CROSS, R SIDE**

123 Step R forward with L sweep from back to front (1), Cross L over R (2), ¼ turn L (3) 09:00  
4&5 Step LF to L side (4), Step R next to L (&), Step L to L side (5)  
678 Step R forward with L sweep from back to front (6), Cross L over R (7), Step R to R side (8)

**[25-32] – L MAMBO BACK, R MAMBO FORWARD, L SHUFFLE BACK, R TOUCH NEXT TO L, R TOUCH FORWARD, R TOUCH BACKWARD**

1&2 Rock L back (1), Recover on R (&), Step L forward (2)  
3&4 Rock R forward (3), Recover on L (&), Step R back (4)  
5&6 Step L back (5), Step R next to L (&), Step L back (6)  
7&8 Touch RF next to L (7), Touch RF forward (&), Touch RF backward (8)

**Ending : At the end of part A (facing 6h), ½ turn to R after de 32 counts L STEP FORWARD**

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