

Before U Go

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: GAULTIER Antoine (FR) - February 2020
音乐: Before You Go - Lewis Capaldi



Start the dance 32 counts after the beginning of the lyrics

R-CROSS ; L-SWEEP ; L-CROSS ; R-SWEEP ; R-CROSS ; L-STEP BACK TURN 1/4 ; SLIDE TURN 1/4

1-2 RF cross, LF sweep
3-4 LF cross, RF sweep
5-6 RF cross, LF back step with turn 1/4 (3:00)
7-8 RF to right with turn 1/4, LF slide (6:00)

L-CROSS ; R-SWEEP ; R-CROSS ; L-SWEEP ; L-CROSS ; R-STEP BACK TURN 1/4 ; SLIDE TURN 1/4

1-2 LF cross, RF sweep
3-4 RF cross, LF sweep
5-6 LF cross, RF back step with turn 1/4 (3:00)
7-8 LF to left with turn 1/4, RF slide (12:00)

***Restart wall 4 (6:00)**

R-BACK ROCK STEP ; SLIDE ; L-BEHIND ; R-STEP FRWD TURN 1/4 ; L-STEP BACK TURN 1/2 ; R-HOOK

1-2 Back rock on right, recover on left
3-4 R step to the right, LF slide
5-6 LF behind RF, R step fwd with turn 1/4
7-8 L back step with turn 1/2, R cross in front of the L leg

**R-STEP FRWD ; DRAG ; L-STEP FRWD ; R-KICK ; R-STEP 1/4 ; L-POINTE TO L ; L-STEP ; R-SWEEP
TURN 1/2**

1-2 R step fwd, LF slide next to RF
3-4 L step fwd, R kick
5-6 R side step with turn 1/4 to the right, L pointe to the left (12:00)
7-8 L step fwd with turn 1/4 to the left, R sweep with turn 1/4 to the left (6:00)

TAG : end wall 10 (6:00)

R-CROSS ; L-SWEEP ; WEAWE TURN 1/4 ; SLIDE TURN 1/4

1-2 RF cross, LF sweep
3-4 LF cross, RF side
5-6 LF behind, R step fwd with turn 1/4 to the right (9:00)
7-8 LF to the left, RF slide (12:00)
