

Backroads

拍数: 48 墙数: 2 级数: High Beginner
编舞者: Noreen Wall (UK) - March 2020
音乐: Backroads - Ricky Van Shelton



8 count intro.

S1) RIGHT DIAGONAL, FORWARD R STEP, TOUCH, STEP BACK, KICK, SWEEP BEHIND SIDE, CROSS, HOLD

- 1-2-3-4 (1) on right diagonal step forward right foot (2) touch left toe behind right foot (3) step back on to left foot (4) kick right foot forward.
- 5-6-7-8 (5) sweep right foot behind left, recover on right foot. (6) step left to left side (7) cross right over left, recover. (8) hold count.

S2) LEFT DIAGONAL, FORWARD L STEP, TOUCH, STEP BACK, KICK, SWEEP BEHIND, ¼ TURN RIGHT, STEP RIGHT, RECOVER LEFT, HOLD.

- 1-2-3-4 on left diagonal (1) step forward left foot (2) touch right toe behind left (3) step back on right foot (4) kick left foot forward.
- 5-6-7-8 (5) sweep left foot behind right replace weight on to left foot make ¼ turn right (3 o'clock) step on to right foot (7) step on left foot (8) hold count.

S3) RIGHT RUMBA BOX FORWARD, BACK KICKS, R, L, R, L, RIGHT COASTER STEP.

- 1&2-3&4& (1) step right foot to right side (&) close left beside right (2) step forward right foot (&) touch left toe beside right foot (3) step left foot to left side (&) step right foot beside left (4) step back on left (&) kick right foot forward.
- 5&6&7&8 (5) step back on right foot (&) kick left foot forward (6) step back on left foot (&) kick right foot forward (7) step back on right foot (&) step left foot next to right foot(8) step forward on to right foot.

S4) LEFT LOCK STEP, SCUFF, RIGHT LOCK STEP, SCUFF, TURNING JAZ BOX ¼ TURN LEFT.

- 1&2&-3&4& on slight left diagonal (1) step forward left foot (&) step right behind left (2) step forward left foot (&) scuff right foot forward. Face slight diagonal right (3) step forward on right foot (&) step left foot behind right (4) step forward on right foot (&) scuff left foot forward.
- 5-6-7-8 (5) cross left foot over right (6) step back on to right foot (7) making a ¼ turn left (facing 12o'clock) step left foot to left side (8) replace right foot beside left.

S5) SWIVELS TO THE RIGHT (HEELS, TOES, HEELS) CLAP, SWIVELS TO THE LEFT (HEELS, TOES, HEELS) CLAP.

- 1-2-3-4 (1) swivel both heels to right (2) swivel both toes to the right (3) swivel both heels to the right (recover weight forward) (4) clap.
- 5-6-7-8 (5) swivel both heels to the left (6) swivel both toes to the left (7) swivel both heels to the left (8) clap.

S6) ¼ MONTERAY TURN RIGHT, ¼ MONTERAY TURN RIGHT.

- 1-2-3-4 (1) point right toe to right side (2) make a ¼ turn right (3 o'clock) replace weight on right foot (3) point left toe to left side (4) replace left foot beside right.
- 5-6-7-8 (1) touch right toe to right side (2) make a ¼ turn right (6 o'clock) replace weight on right foot (3) point left toe to left side (4) replace left beside right.

There is one restart on wall 2 (facing 6 o'clock) Dance the first 16 counts. You will now be facing 9 o'clock restart the dance. The rest of the dance will be danced on walls facing 9 o'clock and 3 o'clock.