

Stuck Like Glue (Phrased)

COPPER KNOB
BY STEPHEN HETS

拍数: 0 墙数: 4 级数: Phrased High Improver
编舞者: Jen Oropeza (USA) - March 2020
音乐: Stuck Like Glue - Sugarland



3 slow 8 counts Musical Intro (6 bar) if going with BMP 83.9... If counting double time 48 quick counts in

Sequence: AAA, part A, BBB, AAA, part A, BBB, AAAA, part of A, BBBB, part of B

Directions:

A facing 12:00, A 3:00, A 6:00, start first 8 A 9:00

B 9:00, B 12:00, B 3:00

A 6:00, A 9:00, A 12:00, start first 8 of A 3:00

B 3:00, B 6:00, B 9:00

A 12:00, A 3:00, A 6:00, A 9:00, start 16 counts of A facing 12:00

B facing 3:00, B 6:00, B 9:00, B 12:00, B 3:00, finish with first 8 counts of section B facing 6:00

PART A

OPEN STEP R, BACK ROCK STEP L, OPEN STEP LEFT, BACK ROCK STEP R

1-2,3,4 Step open side to Right, pause 2, Left step behind, Right step in place

5-6,7,8 Step open side to Left, pause 6, Right step behind, Left step in place

CROSS HEEL GRIND 3Xs, BACK ROCK RECOVER

9-10 Step Right foot over Left, R Heel Grind open while stepping out to Left side

11-12 Step Right foot over Left, R Heel Grind open while stepping out to Left side

13-14 Step Right foot over Left, R Heel Grind open while stepping out to Left side

15,16 (1/4 turn clockwise) Right foot steps back, Left in place

STEP HITCH (WITH A HEEL) ALTERNATING R,L,R,L

17,18 Step on Right Foot, as Left Knee comes up to a Hitch (do a Right Heel drop)

19,20 Step on Left Foot, as Right Knee comes up to a Hitch (do a Left Heel drop)

21,22 Step on Right Foot, as Left Knee comes up to a Hitch (do a Right Heel drop)

23,24 Step on Left Foot, as Right Knee comes up to a Hitch (do a Left Heel drop)

PART B

This is the start of the Chorus Section each time "There you go making my heart beat again..."

SIDE POINT, TOUCH, SIDE POINT TOUCH, STEP, DRAG, TOUCH HOLD

1,2 Tap Right toe side, Touch Right toe next to Left

3,4 Tap Right toe side, Touch Right toe next to Left

5 Step Right foot open to Right side

6 Dragging Left over to Right

7 Touch Left toe next to Right

8 Hold

SIDE POINT, TOUCH, SIDE POINT TOUCH, STEP, DRAG, TOUCH HOLD

9,10 Tap Left toe side, Touch Left toe next to Right

11,12 Tap Left toe side, Touch Left toe next to Right

13 Step Left foot open to Left side

14 Dragging Right over to Left

15 Touch Right toe next to Left

16 Hold

KICK STEP ROCK RECOVER, KICK STEP ROCK RECOVER

17,18 Right Kick, Step Right in place
19-20 Left side step out, Right foot steps in place
21,22 Left Kick, Step Left in place
23-24 Right side step out, Left foot steps in place

HOPPING KICK STEP 4Xs

***This section rotates counterclockwise $\frac{3}{4}$ quarter turn (example starting at 12:00 land at 3:00, etc)**

25-26 Hop on Left foot as Right Foot kicks forward, Step on Right
27-28 Hop on Right foot as Left Foot Kicks forward, Step on Left
29-30 Hop on Left foot as Right Foot kicks forward, Step on Right
31-32 Hop on Right foot as Left Foot Kicks forward, Step on Left

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