

Boots Need Knockin (P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0
编舞者: Jen Oropeza (USA) - January 2019
音乐: Knockin' Boots - Luke Bryan

级数: Beginner Partner Circle Dance



Dance begins

LEAD/FOLLOWER Lead's hands support and followers hands rest on top. Lead faces outside edge of dance floor, Follower faces the center of dance floor.

(optional) GENTLEMAN/LADY Gentleman faces outside edge of dance floor, lady faces the center of dance floor. Gentleman's right hand on the lady's left hip. The lady's left hand would be resting on the gentleman's right shoulder. Ladies right hand in the hold of gentleman's Left Hand (at lady's shoulder level).

LEAD'S STEPS

SIDE, TOGETHER, SIDE, TOUCH

- 1 Left foot step to the left
- 2 Right foot close to the left foot
- 3 Left foot step to the left
- 4 Right toe touch to close to the left foot

SIDE, TOGETHER, SIDE, TOUCH

- 5 Right foot step to the right
- 6 Left foot close to the right foot
- 7 Right foot step to the right
- 8 Left toe touch to close to the right foot

WALK FORWARD TO TURN YOUR LADY (FOLLOWER) L,R,L, TOUCH R

- 9 Left foot step to the left (spin follower your left hand maintains hold to their right - and your right hand pushes lightly on follower's back to start, then drops)
- 10 Right foot close to the left foot
- 11 Left foot step to the left
- 12 Right toe touch to close to the left foot (grab followers left hand with your right hand)

WALK R,L,R TOUCH L

- 13 Right foot step to the right (use your left hand to bring followers right hand up and over their head, with your left hand)
- 14 Left foot close to the right foot
- 15 Right foot step to the right (their arms wrapped around their front, your arms wrapped around the outside of follower's Waist – snuggy hold)
- 16 ¼ turn counterclockwise to face forward, Left foot touch in prep (hip to hip with your partner – maintain snuggy hold)

HIP-2-HIP SWAYING WALKS L,R,L, STEP TO FACE PARTNER R,L

- 17-18 With a hip Step open L
- 19-20 With a hip Step open R (crosses over follower's foot)
- 21-22 With a hip Step open L (release follower's right hand from your left to let unwind, maintain your R hand to followers L hand hold)
- 23-24 Step R, step L (facing your partner)

KICK R, WRAP R, KICK R, TOGETHER

- 25 Kick R Croisé facing follower (facing partner, hands up to support partner's hands)
- 26 Bend R knee (à la Tango Style)

- 27 Kick R
28 Step R foot together with the L

TWIST, TWIST, TWIST, PREP

- 29-30-31 Washing Machine twist-twist (pull right hand to right hip, heels to right, then reverse left, then right again)
32 Prep to begin again

FOLLOWER'S STEPS

SIDE, TOGETHER, SIDE, TOUCH

- 1 Right foot step to the right
2 Left foot close to the right foot
3 Right foot step to the right
4 Left toe touch to close to the right foot

SIDE, TOGETHER, SIDE, TOUCH

- 5 Left foot step to the left
6 Right foot close to the left foot
7 Left foot step to the left
8 Right toe touch to close to the left foot

TURN CLOCKWISE R,L,R TOUCH L

- 9 Turning step right (let lead spin you clockwise, release your L hand from Lead)
10 Step left
11 Step right
12 Touch left (while facing partner grabs your L hand with their R)

TURN IN L,R,L,R

- 13 Turning step left (Maintain your hold with both hands and let the lead draw you in, your L arm will come up over your head to wrap)
14 Step right
15 Step left (your left arm will come down in front of your waist to wrap you up in the leads arms)
16 Step right together to close (hip to hip on right side of lead facing forward – snuggy hold)

HIP-2-HIP SWAYING WALKS L,R,L, STEP TO FACE PARTNER R,L

- 17-18 With a hip Step open L (crosses over follower's foot)
19-20 With a hip Step open R
21-22 With a hip Step open L (crosses over follower's foot, let go of leads right hand from your L)
23-24 Step R, Step L (turning CLOCKWISE underneath yourself to end facing your partner)

KICK R, WRAP R, KICK R, TOGETHER

- 25 Kick R Croisé facing follower (facing partner, hands on top of leads)
26 Bend knee (à la Tango Style, wrap calves or ankles with your partner)
27 Kick R to unwrap
28 Step R foot together with L

TWIST, TWIST, TWIST, PREP

- 29-30-31 Washing Machine twist-twist (maintain slightly firm arms to allow your partner to pull twist you left, right, left)
32 Prep

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