Thumbs Up



编舞者: Pooi Kuan (MY) - February 2020

音乐: Thumbs Up - MOMOLAND



Intro 8 counts

SOD: AABB AABB A(4X8) BB

Part A - 48 counts

Section 1 Step RF Forward, Together, Clap, Clap,

Step LF Forward, Together, Clap, Clap

1 2 3 4 Step RF Forward, Step LF Together, Clap 2 times beside Right cheek

(Option: step 1,2 can step a bit diagonal right)

5 6 7 8 Step LF Forward, Step RF Together, Clap 2 times beside Left cheek

(Option: step 5,6 can step a bit diagonal left)

Section 2 Step R, Rock Back Recover, Step L, Rock Back Recover, Touch, Hold 1 2 3 Step RF to R, Step LF Back Recover on RF

4 5 6 Step LF to L, Step RF Back Recover on LF

7 8 Touch RF next to LF, Hold

Section 3 Touch, Step

Touch RF to diagonal R, Step RF next to LF
Touch LF to diagonal L Step LF next to RF
Touch RF to diagonal R, Step RF next to LF
Touch LF to diagonal L Step LF next to RF

Section 4 Pivot 1/2 turn, Walk Walk, Hip Bump

1 2 3 4 Step RF Forward, Pivot 1/2L Turn, Walk Forward on RF,LF

5 & 6 Step RF to R hip bump to Right 2 times

7 & 8 Hip bump to Left 2 times
*** Short part A 32 counts happens here ***

Section 4 Pivot ½ Turn 2 times (facing 12:00),

Hip Bump Right 2 times, Left 2 times then continue Part B

Section 5 Right Vine, Left Vine

Step RF to R, Step LF behind, step RF to R, Touch LF next to RF Step LF to L, Step RF behind, step LF to L, Touch RF next to LF

Section 6 Rocking Chair, Out Out In In

1 2 3 4 Step RF forward, Recover on LF, Step RF Back, Recover on LF Step RF Out to R, Step LF out to L, Step RF Back, Step LF together

......continue 'Thumbs Up'.......2/2

Part B – 32 counts (Chores)

Section 1 Step RF to R with Right Thump up to Right, Chest Pop, Hands Styling

1 2 3 4 Step RF to right with right thumps up to right, chest pop 3 times

5 Step RF next to LF and Put down your right thumb beside right waist,

Put your left thumb up on you right thumb,Put your right thumb up on your left thumb.

8 Step RF to right and Put you right hand on your left waist

Section 2 Right Thumb Up to Right. Chest Pop, Hands Styling

1 2 3 4 Right thumps up to right, chest pop 3 times

5 Step RF next to LF and Put down your right thumb beside right waist,

Put your left thumb up on you right thumb,Put your right thumb up on your left thumb.

8 Step RF to right and Put down both hand on sides

Section 3 Hip Sway with Hand Styling

1 2 3 4 Sway Hip R, L, R,L with Right finger pointing up

5 6 7 8 Sway Hip R, L, R, L with both hand turning circle beside head

Section Hip Sway with Hand Styling, Cross RF, Step Back, Hands Styling

1 2 3 4 Sway Hip R, L, R,L with Right finger pointing forward

5 6 Cross RF over LF, Step LF back7 Step RF to Right with hands styling: -

Right hand straight forward with Right Thumb point to left side, left hand under right elbow.

8 Right Thumb Up

~~~ Enjoy! ~~~

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