

Story Of My Life

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Frank Heelan (IRE) - March 2020
音乐: Story of My Life - Lesley Roy : (Ireland Eurovision 2020)



Restart: On wall 9 facing 12.00 dance first 16 counts and restart facing 9.00.

Sec 1: Kick and point, and point, cross point, side rock recover, cross shuffle.

1&2 Kick right forward, step right next to left, point left to left.
&3-4 Step left next to right, point right to right, cross point right over left.
5-6 Rock right to right, recover to left.
7&8 Cross right over left, step left to left, cross right over left. (12.00)

Sec 2: Step side, turn ¼ full turn right, ½ turn right, shuffle forward.

1-2 Rock left to left, recover ¼ turn right. (3.00)
3-4 Turn ½ right step back on left, turn ½ right forward on right.
5-6 Step forward left, pivot ½ turn right. (9.00)
7&8 Step forward left, right together, forward left.

Sec 3: Kick ball step, back lock back, turn ¼ , ¼ , sailor ¼ turn.

1&2 Kick right forward, step right next to left, long step forward on left.
3&4 Step back right, lock left in front, step back right
5-6 Turn ¼ left stepping left to left, (600) turn ¼ left stepping right to right (3.00)
7&8 Turn ¼ left sweeping left behind, step right to right, step left to left.(12.00)

Sec 4: Cross rock recover, ball cross side, sailor ¼ turn, walk right, left.

1-2 Cross rock right over left, recover to left.
&3-4 Step right to right, cross left over right, step right to right.
5&6 Turn ¼ left sweeping left behind, step right to right, recover to left.
7-8 Walk forward Right, forward left, (9.00)

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