

Bip Bop Boom

COPPER KNOB
BY SHEETS

拍数: 16 墙数: 4 级数: Absolute Beginner
编舞者: Hiroko Carlsson (AUS) - March 2020
音乐: Bip Bop Boom - Mickey Hawks & The Night Raiders



(Intro: 4 counts from beginning of song)

[S1] Out, Out, Hip-Hip-Hip, Out, Out, Hip-Hip-1/4R

1 2 Step R out into R diagonal, step L out into L diagonal
3&4 Hip bump R-L-R
5 6 Step L out into L diagonal, step R out into R diagonal
7&8 Hip bump L-R, Make a ¼ turn right (1/4 twist) weight ends on left foot (3:00)

[S2] Rocking Chair, Step-Pivot 1/2L-Fwd, Fwd, Fwd, 1/2 Circle Run

1& Rock forward on R, Recover weight on L
2& Rock back on R, Recover weight on L
3&4 Step forward on R, Make a ½ turn left recover weight on L, Step forward on R (9:00)
5 6 Step forward on L, Step forward on R
7&8 Run around ½ turn left stepping L-R-L (3:00)

Restart on Wall 4 count 8 with step change

7&8 Hip bump L-R-L (9:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 2/Mar/20)
