

Stomp Down EZ

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 1 级数: Upper Beginner
编舞者: Diana Bishop (AUS) - March 2020
音乐: Take Down - Rayelle



Start Dance After Vocals Of La La La La La La La

STEP LOCK STEP TO R CRN

1-4 Step R At R Crn, Step L Next To R, Step R At R Crn Hold

STEP LOCK STEP TO L CRN

5-8 Step L At L Crn, Step R Next To L, Step L At L Crn Hold

STOMP 2 TIMES, SIDE, HOLD

1-4 Stomp R Next To L - 2 Times, Step R To R, Hold (Full Weight On To R Foot)

STOMP 2 TIMES, SIDE, HOLD

5-8 Stomp L Next To R - 2 Times, Step L To L, Hold

3 HIP BUMPS, HOLD

1-4 Hip Bumps R,L,R Hold

3 HIP BUMPS, HOLD

5-8 Hip Bumps L,R,L Hold

CROSS BEHIND, FWD, SIDE

1-4 Step R Behind L, Step L Fwd, Step R To R Side, Hold

CROSS BEHIND , FWD, SIDE

5-8 Step L Behind R, Step R Fwd, Step L To L Side, Hold

½ TURN PIVOT L, HOLD

1-4 Step R Fwd Turn ½ L, Step L In Place, Step R Fwd Hold

RUN FWD 3 STEPS STOMPING EACH FOOT, HOLD

5-8 Run Fwd L,R,L, Stomping Each Foot, Hold

START DANCE AGAIN

Last Update - 24 May 2020
