

Silver Lining (P)

拍数: 32 墙数: 0 级数: Novice Partner
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音乐: Silver Lining - Hunter Brothers



Intro : 16 counts.

Start : In Sweetheart position, face LOD.

[1-8] MAN : CROSS, ROND DE JAMBE, CROSS SHUFFLE, STEP FWD, COASTER STEP, STEP FWD
[1-8] LADY : CROSS, ROND DE JAMBE, CROSS SHUFFLE, 1/2 TURN L STEP BACK, COASTER STEP, STEP FWD

1-2 Cross R over L, rond de jambe L from back toward front (in half-circle never touch the floor)
3&4 Cross shuffle over R with L,R,L to right side
5 M : Step forward R
5 L : 1/2 turn to left and step back R (face RLOD)

*** On count 5, man raise R hands over lady's head.

Without releasing the hands, the partners are face to face L hands crossed under the R hands.

6&7 Step back L, step R together L, step forward L
8 Step forward R

[9-16] MAN : ROCK STEP, COASTER STEP, STEP R,L IN PLACE, KICK-BALL-STEP
[9-16] LADY : ROCK STEP, COASTER STEP, STEP FWD, 1/2 TURN L and STEP TOGETHER, KICK-BALL-STEP

1-2 Rock step L forward, recover on R
*** On count 1 release L hands and push R palms, palm against palm.
3&4 Step back L, step R together L, step forward L
*** On count 3, partners take back their R hands.
5-6 M : Step R in place, step L in place
5-6 L : Step forward R, 1/2 turn to left and step L together R (weight on L) (face LOD)

*** On count 6, partners recover the Sweetheart position.

7&8 Kick forward R, step R together L, step forward L

Restart : At the 6th and 10th repetition of the dance, after the first 16 counts, restart from the beginning.

[17-24] MAN & LADY : (WALK FWD) X 2, SHUFFLE in 1/2 TURN L, (WALK BACK) X 2, SHUFFLE in 1/2 TURN L

1-2 Walk forward R , Walk forward L
*** Release L hands, the man passes the R hands over the lady's head.
3&4 1/4 turn to left and step R to right side, step L together R, 1/4 turn to left and step back R (face RLOD)

*** The man with his L hand takes the lady's L hand.

5-6 Walk back L, walk back R

*** Release R hands, man raise L hands over lady's head and return in Sweetheart position.

7&8 1/4 turn to left and step L to left side, step R together L, 1/4 turn to left and step forward L (face LOD)

[25-32] MAN : SIDE, CROSS, COASTER STEP in 1/4 TURN L, STEP FWD, 1/4 TURN R, SHUFFLE FWD
[25-32] LADY : CROSS, SIDE, COASTER STEP in 1/4 TURN R, STEP FWD, 1/4 TURN L, SHUFFLE FWD

*** Man raise L hands over lady's head without letting your hands.

1-2 M : Step R to right side, cross step L over R
 L : Cross step R over L, step L to left side
3&4 M : 1/4 turn to left and step back R, step L together R, step forward R (face ILOD)
 L : 1/4 turn to right and step back R, step L together R, step forward R (face OLOD)

*** You are now in Double Hands Cross position (L hands over R hands) (face to face)

5-6 M : Step forward L, 1/4 turn to right and step R together L (weight on R)
5-6 L : Step forward L , 1/4 turn to left and step R together L (weight on R)
***** Man raise L hands over lady's head and return in Sweetheart position (face LOD)**
7&8 Shuffle L,R,L forward

Repeat from the beginning.

TAG : At the end of the 3rd repetition of the dance, do this 8 counts TAG face LOD) :

[1-8] (SHUFFLE FWD) X 2, ROCKIN CHAIR

1&2 Shuffle R,L,R forward
3&4 Shuffle L,R,L forward
5-6 Rock step forward R, recover on L
7-8 Rock step back R, recover on L

HAVE FUN ! GUY, NANCY, SERGE & FRANCE
