

Forget It (Suan Le Ba)

COPPER KNOB
BY STEPHANIE LIM

拍数: 48 墙数: 2 级数: High Beginner Waltz
编舞者: Stephanie Lim (MY) - March 2020
音乐: Forget It (算了吧) - Timi Zhuo (卓依婷)



Intro: 24 Counts From The Beginning Of Music (App. 15 Seconds Into Track.) Dance Start On RF

Main Dance : 48 Counts

(1-6) BACK, HOOK, FORWARD, SWING

1 2 3 Step RF Back(1), Drag LF Towards RF(2), Hook LF Across RF(3)
4 5 6 Step LF Forward(4), Drag RF Towards LF(5), Swing RF Up(6)

(7-12) BACK TWINKLE R & L

1 2 3 Cross RF Behind LF (1), Step LF Beside RF(2), Step RF In Place(3)
4 5 6 Cross LF Behind LF (4), Step RF Beside LF(5), Step LF In Place(6)

(13-18) BEHIND SIDE CROSS, SIDE TOUCH HOLD

1 2 3 Cross RF Behind LF (1), Step LF to L(2), Cross RF Over LF(3)
4 5 6 Big Step LF to L(4), Drag RF towards LF(5 6)

(19-24) $\frac{3}{4}$ R Turn Basic, Back Basic

1 2 3 $\frac{1}{4}$ R Turn Cross RF Forward (1), $\frac{1}{2}$ R Turn Step LF Beside RF(2), Step RF Beside LF(3)(9:00)
4 5 6 Step LF Back(4), Step RF Beside LF(5), Step LF In Place(6)

(25-30) BALANCE R & L

1 2 3 Step RF to R(1), Rock LF behind RF(2), Recover on RF(3)
4 5 6 Step LF to L(4), Rock RF behind LF(5), Recover on LF(6)

(31-36) TWINKLE R & L

1 2 3 Cross RF over LF (1), Step LF Beside RF(2), Step RF In Place(3)
4 5 6 Cross LF over LF (4), Step RF Beside LF(5), Step LF In Place(6)

(37-48) $\frac{3}{4}$ DIAMOND R TURN

1 2 3 Cross RF Over LF(1), $\frac{1}{8}$ R Turn Step LF To L, Step RF Back(3) (10:30)
4 5 6 Step LF Back(4), $\frac{1}{8}$ R Turn Step RF To R(5), $\frac{1}{8}$ R Turn Step LF Forward(6) (1:30)

1 2 3 Cross RF Over LF(1), $\frac{1}{8}$ R Turn Step LF To L, $\frac{1}{8}$ R Turn Step RF Back(3) (4:30)
4 5 6 Step LF Back(4), $\frac{1}{8}$ R Turn Step RF To R(5), Step LF Forward(6) (6:00)

Start Again

Tag : 3 Counts

*3 Counts Tag After Wall 1 (Facing 6:00), After Wall 2 (Facing 12:00) and After Wall 6 (Facing 12:00)

1 2 3 Rock RF To R(1), Recover On LF(2), Drag RF Towards LF(3)

Enjoy!!! Happy Dancing. No Dancing ~~~ No Life ~~~

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