Stomp Down A Bit



拍数: 32 墙数: 2 级数: Easy Intermediate

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音乐: Take Down - Rayelle



Introduction: 16 counts, start approx 12 sec.

Small Stomps R. L Fwd. Recover, Coaster Step L. Small Stomps R. L Fwd. Recover, ½ Shuffle Turn L

&1,2 -Stomp right foot small fwd, stomp left foot small fwd, recover back onto right

3&4 -Step left back, step bright beside left, step left fwd

&5.6 -Stomp right foot small fwd, stomp left foot small fwd, recover back onto right

7&8 -Shuffle ½ turn to left (left, right left) (6.00)

Tap Stomp R, step left, weave to the left, tap stomp L, step right, weave to the right

&12 tap R foot right, stomp right, recover left

3&4 -(moving to the left) step right behind left, step left, cross right

&56tap L foot left, stomp left, recover right

788 -(moving to the right) step left behind right, step right cross left

(Restart here in wall 7 after 16 counts, after start again, facing 12 o'clock).

Right touch, left touch, right together, right touch; left touch, right touch, left together, left touch

1&2& -Step right, touch left, step left, touch right, touch left

3&4& step right to right, step left together, step right

5&6& -Step left, touch right, step left, touch right

7&8& step left to left, step right together, step left, touch right

(feel free to clap on the touches!)

Mambo forward, mambo back, two half turns

Rock right forward, recover left, step right together; left back, recover right, step left together 1&2. 3&4 -

Step right forward, pivot half forward left, step right forward, pivot half forward left 5, 6, 7, 8, -

(Tag here ending WALL 3 after 32 counts facing 12 o' clock, after start again)

TAG: Cross Jazz box R with ½ turn R (1-4) (12.00).

The concept is to allow beginner dancers to dance this as a floor split without all the turns but still have the stompy fun of the original dance!