

Long Hair

拍数: 32 墙数: 4 级数: Beginner
编舞者: Betty Chen (TW) - February 2020
音乐: Long Hair (長頭髮) - Phil Chang (張宇)



Intro: 24 Counts - No tag, No restart.

[1-8] Rock Recover Step with Twist Hip, Back Coaster Step, Pivot 1/2 turn, Shuffle Fwd

1-2 Rock fwd RF with twist hip , recover on LF with twist hip
3&4 Step RF back, back LF close to RF, step RF fwd
5-6 Step RF fwd, pivot 1/2 turn R
7&8 Step LF fwd , Step RF fwd next to LF, step LF fwd

[9-16] Point Kick, Behind Side Cross, Side Rock Recover, Cross Shuffle

1-2 Point RF next to LF, RF Kick R diagonal fwd
3&4 Step RF behind LF, LF step L, step RF cross over LF
5-6 Rock LF to L, recover on RF
7&8 Cross LF over RF, RF step R, cross LF over RF

[16-24] Point Hold, Close Point Hold, Close Point Hold, Hip Bump

1-2& Point RF to R, Hold, step RF next to LF
3-4& Point LF to L, Hold, step LF next to RF
5-6 Point RF fwd, Hold
7&8 Hip bump twice

[25-32] Cross Side Close, Cross Side Close , Jazzbox 1/4 turn R

1-2& Cross RF over LF, LF step L to R diagonal , RF close to LF
3-4& Cross LF over RF, RF step R to L diagonal , LF close to RF
5-8 Cross RF over LF, LF step back 1/4 turn , RF step R, LF step fwd

(P.S. The following changes are also acceptable:

[25-32] Cross Samba L , Cross Samba R, Jazzbox 1/4 turn R

1-2& Cross RF over LF, LF step L , RF step R & weight on RF
3-4& Cross LF over RF, RF step R , LF step L & weight on LF
5-8 Cross RF over LF, LF step back 1/4 turn R, RF step R, LF step fwd)

~~~ ENDING!~~~

Last Update - 1 March 2020