

Hey Cowgirl

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Stephen Pistoia (USA) - February 2020
音乐: Hey Cowgirl - Randall King : (iTunes)



Intro: 32

(1-8) WALK WALK SHUFFLE RT WALK BACK LT,RT SHUFFLE LT

1-2 step RF forward – step LF forward
3&4 step RF out to RT – step LF next to RF – step RF out to RT
5-6 step LF back – step RF back
7&8 step LF out to LT – step RF next to LF – step LF out to LT (12:00)

RESTART HAPPENS HERE AFTER WALL3

(9-16) WALK WALK RT SHUFFLE, STEP PIVOT ½ TURN RT, LT SHUFFLE

1-2 step RF forward -step LF forward
3&4 step RF forward – step LF next to RF – step RF forward
5-6 step LF forward – pivot ½ turn RT on balls of feet
7&8 step LF forward – step RF next to LF – step LF forward (6:00)

(17-24) WALK WALK RT SHUFFLE, ROCK RECOVER ¼ PIVOT LT ½ PIVOT

1-2 step RF forward – step LF forward
3&4 step RF forward – step LF next to RF – step RF forward
5-6 rock LF forward – recover on RT
7-8 step LF out to LT making ¼ turn – cross RF over LF stepping out to RT making ½ turn LT (9:00)

(25-32) ¼ TURN SAILOR LT, RT SHUFFLE, STEP PIVOT ¼ TURN RT CROSS AND POINT

1&2 step LF back beside RF making ¼ turn LT – step RF next to LF – step LF forward (6:00)
3&4 step RF forward – step LF next to RF – step RF forward
5-6 step LF forward – pivot ¼ turn RT on balls of both feet(9:00)
7-8 cross LF over RF – point RF out to RT.

Any questions contact me @ pistoias@ymail.com