

Can't Wait

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Guillaume Richard (FR) & Malene Jakobsen (DK) - February 2020
音乐: Shortcuts (I Can't Wait) - Molly Hammar : (iTunes)



Intro: 12 counts from the beginning, 5 sec. into track - dance begins with weight on L

[1-6] 1/4, back rock, 1/2 with low kick, 1/4

1-2-3 (1) Turn 1/4 L stepping back on R, (2) rock back on ball of L, (3) recover onto R 9.00
4-5-6 (4) Turn 1/2 R stepping back on L low kicking R, (5-6) continue the low kick making another
 1/4 R 6.00

[7-12] Side, cross, side, behind with sweep,

1-2-3 (1) Step R to R, (2) cross L over R, (3) step R to R 6.00
4-5-6 (4) Cross L behind R starting to sweep R from back to front, (5-6) continue the sweep 6.00

[13-18] Behind, side, fwd., fwd., hitch 1/4

1-2-3 (1) Cross R behind L, (2) step L to L, (3) step fwd. on R 6.00
4-5-6 (4) Step fwd. on L hitching R starting to make 1/4 L, (5-6) continue hitching 1/4 L 3.00

[19-24] Cross, 1/4, 3/8, shuffle

1-2-3 (1) Cross R over L, (2) turn 1/4 R stepping back on L, (3) turn 3/8 R stepping fwd. on R 10.30
4-5-6 (4) Step fwd. on L (5) step R next to L (6) step fwd. on L 10.30

[25-30] Rock fwd., tap, tap, recover with sweep

1-2-3 (1) Rock fwd. on R, (2-3) tap L toes behind R twice 10.30
4-5-6 (4) Recover onto L starting to sweep R from front to back, (5-6) finish the sweep 10.30

[30-36] Back sailor, behind, 1/4, fwd.

1-2-3 (1) Cross R behind L, (2) step L to L, (3) step R to R 10.30
4-5-6 (4) Cross L behind R, (5) turn 1/4 R stepping fwd. on R, (6) step fwd. on L 1.30

[37-42] Fwd. with hitch, 1/8, cross, side, 1/8

1-2-3 (1) Step fwd. on R hitching L, (2-3) continue hitching 1/8 R 3.00
4-5-6 (4) Cross L over R, (5) step R to R, (6) turn 1/8 L stepping back on L 1.30

[43-48] Back, drag, 1/8, 1/4, cross

1-2-3 (1) Step back on R, (2-3) drag L towards R 1.30
4-5-6 (4) Turn 1/8 L stepping fwd. on L, (5) turn 1/4 stepping R to R, (6) cross L over R 9.00

ENDING: Wall 9 begins facing 12.00. Dance up to count 2 in section 4 (1/4 R) then do this:

1/2, shuffle

3-4-5-6-1 (3) Turn 1/2 R stepping fwd. on R, (4) step fwd. on L, (5) step R next to L, (6) step fwd. on L.
 (1) step fwd. on R 12.00

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