Pennsylvania 6-5000



编舞者: Karolina Ullenstav (SWE) - January 2020 音乐: Pennsylvania 6-5000 - Glenn Miller: (3:13)



"6-5000" was a phone number to the Hotel Pennsylvania in New York City 1940, when Glenn Miller Orchestra had a big hit with this one.

Intro 16 counts, BPM 147
Restart in wall 9 after 16 counts

Section 1: Steps forward, kick ball step, step forward and end with points

1 RF step forward (facing 12.00)

LF step forward
RF kick forward
RF step beside LF
LF step slightly forward
RF step forward

6 LF point diagonally forward left
7 LF point right in front of RF

8 LF point diagonally left

Section 2: Steps forward, kick ball step, step forward and end with points

LF step forward
RF step forward
LF kick forward
LF step beside RF
RF step slightly forward
LF step forward

5 El Step lorward

6 RF point diagonally forward right

7 RF point left in front of LF8 RF point diagonally right

Section 3: Shuffle steps to the side (chassé) right and left with rock step back

1 RF step right & LF step beside RF 2 RF step right 3 LF rock step back

4 Recover onto RF (weight on RF)

5 LF step left

& RF step beside LF

6 LF step left

7 RF rock step back

8 Recover onto LF (weight on LF)

Section 4: Rock step forward, recover, turn ½ right and step RF right, hold (when they say "Pennsylvania 6-5000" you can hold your hand up to your ear and pretend it's a phone due to the fact that it's a phone number) and finally put your LF forward and do heel stomps.

1 RF rock step forward

2 Recover onto LF (weight on LF)

3 Turn ¼ right and step RF right (facing 03.00)

Hold (feel free to hold your hand up to your ear pretending it's a phone when they say "Pennsylvania 6-5000" because that is a phone number)

LF step forward

LF heel stomp

LF heel stomp

LF heel stomp

Have Fun to this joyful swing/jazz tune from 1940! Enjoy the rhythm!