

Pagate Mas

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Harry Samana (INA) - February 2020
音乐: Pégate Más (feat. Oscarcito) (Remix) - Dyland & Lenny



Start dance 48C - No tag no restart

Season 1. ROCK – RECOVER , SHUFFLE , PIVOT TURN

1 – 2 rock step RF backward – recover LF
3 & 4 step RF forward – step LF behind RF – step RF forward
5 – 6 step LF forward – turn R ½ stepping RF forward
7 – 8 step LF forward – turn R ½ stepping RF forward

Season 2. ROCK – RECOVER , SHUFFLE , SIDE , CROSS

1 – 2 rock step RF forward – recover RF
3 & 4 step LF backward – cross RF over LF – step LF backward
5 – 6 step RF to side R – recover LF
7&8& cross RF over LF – recover LF – step RF to side R – recover LF

Season 3. WEAVE , TOUCH , SWEEP

1 – 2 cross RF over LF – step LF to side L
3 – 4 cross RF behind LF – touch LF to side L
5 – 6 cross LF over RF – step RF to side R
7 – 8 cross LF behind RF – RF back sweep

Season 4. BEHIND , ¼ L TURN , FORWARD , KICK BALL CHANGE , ½ L TURN , HOOK , SHUFFLE

1 – 2 cross RF behind LF – turn L ¼ stepping LF forward
3 & 4 kick RF forward – ball RF beside LF – step LF in place
5 – 6 step RF forward – turn L ½ LF hook across RF
7 & 8 step LF forward – step RF behind LF – step LF forward

Season 5. PADDLE TURN ½ , CROSS , ½ R TURN , CHASSE

1 – 2 step RF forward – turn ¼ L on to LF (styling roll your hips)
3 – 4 step RF forward – turn ¼ L on to LF (styling roll your hips)
5 – 6 cross RF over LF – turn R ¼ stepping LF backward
7 & 8 turn R ¼ stepping RF to side R – close LF beside RF – step RF to side R

Season 6. CROSS , HITCH , WEAVE , SWEEP , BEHIND , BEACKWARD

1 – 2 cross LF over RF – hitch RF
3 – 4 cross RF over LF – step LF to side L
5 – 6 step RF behind LF – LF back sweep
7 – 8 cross LF behind RF – step RF backward

Season 7. ROCKING CHAIR BACK , ¼ L TURN , SIDE , RECOVER , CROSS SHUFFLE

1 – 2 rock step LF backward – recover RF
3 – 4 rock step LF forward – recover RF
5 – 6 turn L ¼ step LF to side L – recover RF
7 – 8 cross LF over RF – step RF to side R – cross LF over RF

Season 8. WALK , ¾ R TURN , SHUFFLE , WEAVE , SWEEP

1 – 2 turn R ¼ stepping RF forward – turn R ¼ stepping LF forward
3 – 4 turn R ¼ step RF forward – step LF behind RF – step RF forward

5 – 6 cross LF over RF – step RF to side R
7 – 8 cross LF behind RF – RF back sweep
