

Bailamos! She Bangs

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Susan Prats (USA) - February 2020
音乐: She Bangs - Ricky Martin



Alternate music selection: Patricia by Mestizzo

NO tags or restarts!

Begin 32 counts into music, R lead - CCW

CONGA WALK FORWARD, KICK LEFT & CLAP, CONGA WALK BACK, HITCH & TURN

1-4 Walk forward R (1), L (2), R (3), kick L & clap (4)
5-8 Walk back L (5), R (6), L (7), hitch R & turn ¼ L (8)(9 o'clock)

MERENGUE RIGHT, TOUCH LEFT

1-4 Step side R (1), slide & step L (2), step side R (3), slide & step L (4)
5-8 Step side R (5), slide & step L (6), step side R (7), touch L (8)

LEFT FORWARD RHUMBA BOX WITH TOUCHES

1-4 Step side L (1), step together R (2), step forward L (3), touch R (4)
5-8 Step side R (5), step together L (6), step back R (7), touch L (8)

MERENGUE LEFT, FLICK RIGHT

1-4 Step side L (1), slide & step R (2), step side L (3), slide & step R (4)
5-8 Step side L (5), slide & step R (6), step side L (7), bend R knee & point toes back (8)

Restart

Comments, Queries: absolutmom@yahoo.com
