

I Forgot to Remember to Forget

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Improver
编舞者: Norman Gifford (USA) - February 2020
音乐: I Forgot to Remember - Scooter Lee



(Progressive rumba box forward)

1-4 Right step side; left together; right step forward; hold
5-8 Left step side; right together; left step forward; hold

("T-step" turning ½ left, brush, mambo, touch, hold)

1-2 Right step forward turning ¼ left; left touch by right [9:00]
3-4 Left step ¼ left stepping forward; right brush forward [6:00]
5-8 Right rock forward; left replace; right touch by left; hold

(Lindy-rock steps right & left)

1&2 Right step side; left together; right step side
3-4 Left rock back; right replace
5&6 Left step side; right together; left step side
7-8 Right rock back; left replace

(Toe-heel struts forward, rocking-chair)

1-4 Right toe touch forward; drop heel; left toe touch forward; drop heel
5-8 Right rock forward; left replace; right rock back; left replace

(Forward lock-steps with brushes)

1-4 Right step forward; left lock behind; right step forward; left brush
5-8 Left step forward; right lock behind; left step forward; right brush

(Jazz-cross turning ¼ right, side-touches)

1-3 Right crossover; left step back; r Right step side turning ¼ right; left crossover [9:00]
5-8 Right step side; left touch by right; left step side; right touch by left

(Syncopated chassè right, brush, cross-rock, replace, step side turning ¼ left, right sweep)

1-2 Right step side; hold
&3-4 Left together; right step side; left brush up across right
5-6 Left cross-rock; right replace
7-8 Left turn ¼ left stepping side; right sweep across left [6:00]

(Half vaudville, cross-side-cross, hold)

1-4 Right crossover; left step back; right heel touch forward diagonal; right step back
5-8 Left crossover; right step side; left crossover; hold

BEGIN AGAIN

Contact: nlgifford@yahoo.com