Louxor J'adore



拍数: 32 墙数: 1 级数: Intermediate

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音乐: Louxor j'adore - Philippe Katerine : (Album: Robots après tout)



Introduction: 16 temps

Sequence: A - A - TAG - A BREAK - A(8) BREAK - Continue A(8) BREAK + RESTART - A - A - A - A

BREAK - A(8) BREAK - Continue A - A

PARTIE A: 32 temps

S1: SIDE R, BEHIND-SIDE-CROSS, SIDE R, TOGETHER, POINT-TOUCH-SIDE R, TOUCH

1 Step RF to R side

2 & 3 Cross LF behind RF, Step RF to R side, Cross LF over RF

4 - 5 Step RF to R side, Step LF next to RF

6 & 7 Point right toe out to R side, Touch right toe next to LF, Step RF to R side

8 Touch left toe next to RF

*** 1st Break of wall 4 here then we continue on section 2 (S2) ***

*** Break on wall 9 here then we continue on section 2 (S2) ***

S2: SIDE L, BEHIND-SIDE-CROSS, SIDE L, TOGETHER, SWIVELS TO LEFT, WALK L

1 Step LF to L side

2 & 3 Cross RF behind LF, Step LF to L side, Cross RF over LF

4 - 5 Step LF to L side, Step RF next to LF

6 & 7 Twist both heels to L, Twist both toes to L, Twist both heels to L

8 Step LF forward

*** 2nd Break of wall 4 here then restart ***

S3: 1/2 TURN R, LEFT TRIPLE 1/2 TURN R, R BACK ROCK, MAMBO CROSS, SIDE L

1 Pivot ½ turn R (06:00)

2 & 3 Shuffle ½ turn R stepping left, right, left (12:00)

4 - 5 Rock back on RF, Recover on LF

6 & 7 Rock RF to R side, Recover on LF, Cross RF over LF

8 Step LF to L side

S4: LEFT FIGURE OF HEIGHT, WEAVE

1 - 2 Cross RF behind LF, ¼ L stepping forward on LF
3 - 4 Step RF forward, ½ pivot L stepping forward on RF
5 - 6 ¼ L stepping RF to R side, Cross LF behind RF
7 - 8 Step RF to R side, Cross LF over RF (12:00)

Every time the break begins at the end of the section when Philippe Katerine says: "Je coupe le son". Then the dance resumes when Philippe Katerine says: "Je remets le son".

During the break, you stay in the position you want by keeping your body weight on the good foot to continue the dance after the break.

TAG: 32 temps

For this tag there is an inventory of different jobs whose gestures we will represent

S1: LES INSTITURICES, PUÉRICULTRICES, ADMINISTRATRICES, DESSINATRICES

- 1 2 Right hand in the air, in front of you as if to write on a board and left hand on your hip
- 3 4 Arms crossed in front of you like cradling a baby
- 5 6 Right hand to the ear as if to call with a phone and left hand on the hip

^{***} Break here at the end of wall 3 and at the end of wall 8 then we continue with the next wall ***

7 - 8 Right hand in front of you, arm slightly bent as if to draw on a table and left arm along your body

S2: LES BOULANGERS, LES CAMIONNEURS, LES POLICIERS, LES AGRICULTEURS

- 1 2 Arms and hands positioned horizontally as if to bake bread with a baker's peel
- 3 4 Arms and hands positioned in front of you as if to hold a steering wheel
- 5 6 Left hand to mouth as if to hold a whistle and right arm stretched out in front of you, open hand, tight fingers, as if to say: Stop!
- 7 8 Arms and hands facing down as if to dig with a shovel

S3: LES MÉNAGÈRES, LES INFIRMIÈRES, LES CONSEILLÈRES D'ORIENTATION

- 1 2 Right hand flat, vertically in front of you as if cleaning a glass with a circular movement and left arm along the body
- 3 4 The right hand pricks in a "phantom arm" held by the left hand
- 5 8 The right arm is stretched out on the R side with the index finger pointed, 3 counts to bring it gradually towards the center. The look follows the finger. Meanwhile left hand is on hip

Option: Bounces of right heel while the right arm is brought to the center.

S4: LES CHIRURGIENS, LES MÉCANICIENS, LES CHÔMEURS

- 1 2 Head down, both hands positioned in front of you as if to do an surgery
- 3 4 Head raised, both hands above the head as for a repair under a car lift
- 5 6 Both hands on the hips
- 7 8 Arms down slightly detached from the body, hands open and palms visible, shrugging, as if to say: "It's life!"