

Swingin Time

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 1 级数: Beginner
编舞者: Sandy Carty Hodges (USA) - March 2020
音乐: Time to Swing - Scooter Lee



SET 1: HEEL SPLITS KICK RIGHT,HEEL SPLITS KICK LEFT.

- 1-4 Heel splits, with weight on left foot, kick right foot out and step back onto right foot.
5-8 Heel splits, with weight on right foot, kick left foot out and step back onto left foot.

SET 2: RIGHT VINE KICK LEFT, RIGHT VINE KICK LEFT.

- 9-12 Step to the right on right foot, left foot behind right then step on right foot again and kick out left foot.
13-16 Step to the left on left foot, right foot behind left then step on left foot and kick out right foot.

SET 3: STEP TOGETHER STEP TOUCH,STEP TOGETHER STEP TOUCH.

- 17-20 Moving right diagonal, step on right foot,, step together left, step on right foot again then touch left beside right.
21-24 Moving left diagonal, step on left foot, step together right, step on left again and touch together right foot.

SET 4: ZIG ZAG BACK RIGHT,LEFT,CLAP

- 25-32 Zig Zag back right, touch left next to right with a clap, Zig Zag back left, touch right next to left with a clap, Zig Zag back right, touch left next to right with a clap, Zig Zag back left, touch right next to left with a clap.

SET 5: RIGHT VINE,HALF TURN/HITCHING LEFT, LEFT VINE.

- 32-40 Step right, left behind, step right doing a half turn to the right while hitching your left knee, finishing with a left vine.

SET 6: RIGHT VINE, HALF TURN/HITCHING LEFT, LEFT VINE.

- 41-48 Step right, left behind, step right doing a half turn to the right while hitching your left knee, finishing with a left vine. (This will get you back to the front wall to start again)

Start again.

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