

Bring On The Sunshine

COPPER KNOB
STEPPEDETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Pat Newell (USA) - February 2020
音乐: Storms Never Last - Dr. Hook



Senior Dancing Series

ROCKING CHAIR 1/2 PIVOT LEFT, TRIPLE STEP

1-4 Rock fwd R, rec on L, rock back on R, rec on L
5,6 7&8 Step fwd on R, pivot 1/2 L, triple RLR - 6:00

ROCKING CHAIR 1/2 PIVOT RIGHT, TRIPLE STEP

1-4 Rock fwd on L, rec on R, rock back on L, rec on R
5,6 7&8 Step fwd on L, pivot 1/2 R, triple LRL - 12:00

WEAVE, ROCK RIGHT OVER LEFT, TRIPLE STEP

1-4 Cross R O L, step L to L, step R behind L, step on L
5,6 7&8 Rock R O L, triple RLR

WEAVE TO 1/4 RIGHT, 1/2 PIVOT RIGHT, TRIPLE STEP

1-4 Cross LOR, step R to R, step L behind R, turn 1/4 R on R - 3:00
5,6 7&8 Step fwd on L, turn 1/2 right(wt on R)triple LRL

Begin Again

Dance for the health of it
