

# Flame

拍数: 48      墙数: 2      级数: Easy Intermediate  
编舞者: Dee Musk (UK) - February 2020  
音乐: Flame - Laine Hardy : (Single)



Intro 16 Counts. Approx. 10 Secs. Track approx 2 mins 39 secs. BPM 92.  
Track available from [iTunes.co.uk](https://www.apple.com/itunes/track/view/123456789)

## Side, Behind, Side, Cross, Side, Heel, Ball, Cross, Hold, Side, Behind, Side, Cross.

1,2&      Step R to R side, cross step L behind R, step R to R side.  
3&4      Cross L over R, step R to R side, touch L heel to L diagonal.  
&5,6      Step L beside R, cross R over L, hold count 6.  
&7&8      Step L to L side, cross step R behind L, step L to L side, cross R over L. (12 o'clock).

## Side, Heel, Hold, Ball, Cross, Side, Behind, ¼ Turn R, Step ½ Pivot R, Ball, Step ¼ Turn L.

&1,2      Step L to L side, touch R heel to R diagonal, hold count 2.  
&3&4      Step R beside L, cross L over R, step R to R side, cross step L behind R.  
&5,6      Make ¼ Turn R stepping forward on R, step forward on L, make ½ turn R.  
&7,8      Step L beside R, step forward on R, make ¼ turn L. (6 o'clock).

## Cross, Rock, &, Cross, Rock, &, Forward Rock, &, Back Rock.

1,2      Cross rock R over L, recover weight to L.  
&3,4      Step R beside L, cross rock L over R, recover weight to R.  
&5,6      Step L beside R, rock forward on R, recover weight to L.  
&7,8      Step R beside L, rock L back, recover weight to R. (6 o'clock).

## L Dorothy Step, R Dorothy Step, Rock, Recover Sweep, Behind, Side, Cross.

1,2&      Step L forward to L diagonal, cross R behind L, step L forward to L diagonal.  
3,4&      Step R forward to R diagonal, cross L behind R, step R forward to R diagonal.  
5,6      Rock forward on L, recover to R sweeping L to behind R.  
7&8      Cross step L behind R, step R to R side, cross L over R. (6 o'clock).

## R Side, Back Rock, L Side, Back Rock, Hinge ½ Turn L, R Shuffle Forward.

1,2&      Step R to R side, cross rock L behind R, recover weight to R.  
3,4&      Step L to L side, cross rock R behind L, recover weight to L. \*\*Restart here during wall 2\*\*  
5,6      Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side.  
7&8      Shuffle forward stepping R, L, R. (12 o'clock).

## Cross, Back, Side, Cross, Back, Side, Step, ½ Turn R, Scissor Cross.

1,2&      Cross L over R, step back on R, step L to L side.  
3,4&      Cross R over L, step back on L, step R to R side.  
5,6      Step forward on L, make ½ turn R.  
7&8      Step L to L side, step R beside L, cross L over R. (6 o'clock).

Restart during wall 2, dance up to and including count 4& of section 5 - begin again facing 12 o'clock wall.

Have fun and Enjoy

Contact: [deedeemusk@gmail.com](mailto:deedeemusk@gmail.com) Dee – 07814 295470.