

Jump

拍数: 32 墙数: 3 级数: Improver
编舞者: Gail A. Dawson (USA) - February 2020
音乐: Jump - Switch



Intro – 16 Counts (just before the lyrics start)

Vine With A Heel Jack, Vine With A Heel Jack

1, 2& R step to R, L step behind R, R step to R
3&4 L heel to L, L step beside R, R cross over L
5, 6& L step to L, R step behind L, L step to L
7&8 R heel to R, R step beside L, L cross over R

*****Restart Here on Wall 4 (facing 12 o'clock)**

Rock, Recover, Triple Turn ½, Locking Step, Locking Step

1, 2 R rock forward, recover to L
3&4 R turn ½ to R (6 o'clock), L step beside R, R step forward
5&6 L step diagonally forward, R lock behind L, L step diagonally forward
&7 R step in diagonally forward, L lock behind R,
&8 R step diagonally forward, L step forward

*****Restart Here on Walls 2, 6, & 9**

Start facing 9 o'clock, restart facing 3 o'clock)

Rock, Recover, Rock, Recover, Step, Back, Back, Rock, Recover, Step

1, 2 R rock forward, recover to L
3&4 R rock back, recover L, R step back
5, 6 L step back, R step back
7&8 L rock back, recover to R, L step back

Rock, Recover, Triple Turn ½, Rock, Recover, Triple Turn ¾

1, 2 R rock back, recover to L
3&4 Triple step turning ½ to L, stepping R, L, R (12 o'clock)
5, 6 L rock back, recover to R
7&8 Triple step turning ¾ to R, stepping L, R, L (9 o'clock)

Wall 11 Start facing 12 o'clock at end of wall do a full turn to end in front

Contact: (free2bgad@gmail.com)