

# Physical

COPPER KNOB  
BYEPOSTETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Junghye Yoon (KOR), Yoonjung Lee (KOR) & JooHwan Park (KOR) - February 2020  
音乐: Physical - Dua Lipa



Intro: Start after 32 Counts on vocals

## Sec 1 : Forward Shuffle, Shuffle 1/2 turn R, Back rock, Kick, Ball, Cross

1&2            Step forward on Rf(1), Close Lf next to Rf(&), Step forward on Rf(2)  
3&4            ¼ turn R stepping Lf to L side(3), Close Rf next to Lf(&), ¼ turn R stepping back on Lf(4)  
(6:00)  
5-6            Rock back on Rf(5), Recover onto Lf(6)  
7&8            Kick Rf to diagonal R(7), Close Rf next Lf(&), Cross Lf over Rf(8)

## Sec 2 : Side Rock, Cross Shuffle, 1/4 turn R, 1/4 turn R, Forward Shuffle

1-2            Rock Rf to R side(1), Recover onto L(2)  
3&4            Cross Rf over Lf(3), Step Lf to L side(&), Cross Rf over Lf(4)  
5-6            ¼ turn R stepping back on Lf(5), ¼ turn R stepping Lf to L side(6)(12:00)  
7&8            Step forward on Lf(7), Close Rf next to Lf(7), Step forward on Lf(8)

## Sec 3 : 1/4 turn x2 R, Back Rock, Back, Touch, Back, Touch

1-2            ¼ turn R stepping forward on Rf(1), ¼ turn R stepping Lf to L side(2)(6:00)  
3-4            Rock back on Rf(3), Recover onto Lf(4)  
5              Step back on Rf as raise R arms so that palms look up(5)  
6              Touch Lf next to Rf as make a fist and pull R arms toward body(6)  
7              Step back on Lf as raise L arms so that palms look up(7)  
8              Touch Rf next to Lf as make a fist and pull L arms toward body(8)

## Sec 4 : Forward, 1/2 turn R, Coaster step, Forward, 1/4 turn L, Back, Touch

1-2            Step forward on Rf(1), ½ turn R stepping back on Lf(2)(12:00)  
3&4            Step back on Rf(3), Close Lf next to Rf(&), Step forward on Rf(4)  
5-6            Step forward on Lf(5), ¼ turn L stepping Rf to R side(6)(9:00)  
7-8            Step back on Lf(7), Touch Rf next to Lf(8)

\*\* Tag : End of wall 2 facing 06:00 & wall 4 facing 12:00

## Sec 1 : Cross, Hold x2, Out, Out, Pose, Hold, Clap x2

1-2            Cross Rf over Lf(1), Hold(2)  
3-4            Cross Lf over Rf(3), Hold(4)  
&5            Step Rf to R side(&), Step Lf to L side(5)  
6              Bend body diagonally to the L and raise both elbows shoulder-high on the side(6)  
7&8            Hold(7), Clap to the L x2 (&8)

Enjoy Dance

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