

# Rock & Ride

拍数: 32      墙数: 4      级数: Beginner +  
编舞者: Glynn Rodgers (UK) - February 2020  
音乐: Get Ready (feat. Blake Shelton) - Pitbull



Count in: 32 Counts from main beat (Starts on Main Vocals) (Rotates Clockwise)

**[1-8] Cross, Side, Hold & Side, Cross Rock, Chasse.**

1-2            Cross right over left, step left to left side.  
3&4           Hold, close right to left, step left to left side.  
5-6           Cross rock right over left, recover weight on to left.  
7&8           Step right to right side, close left to right, step right to right side.

**[9-16] Cross, Side, Hold & Side, Cross Rock, Chasse ¼ Turn.**

1-2            Cross left over right, step right to right side.  
3&4           Hold, close left to right, step right to right side.  
5-6           Cross rock left over right, recover weight on to right.  
7&8           Step left to left side, close right to left, turn ¼ left stepping forward left.

**[17-24] Heel & Heel & Pivot ¼ Turn, Heel & Heel & Pivot ¼ Turn.**

1&2&          Dig right heel forward, close right to left, dig left heel forward, close left to right.  
3-4            Step forward right, pivot ¼ turn left.  
5&6&          Dig right heel forward, close right to left, dig left heel forward, close left to right.  
7-8            Step forward right, pivot ¼ turn left.

**[25-32] Walk Forward, Kick, Kick, Walk Back, Point, Point.**

1-2            Walk forward right-left.  
3-4            Kick right foot forward twice.  
5-6            Walk back right-left.  
7-8            Tap right toe out to right side twice.

**Start again – no tags or restarts. Enjoy!**

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