

# Get Ready To Ride

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Mark Furnell (UK), Chris Godden (UK), Matt Lewis (UK) & Ray Jones (WLS) -  
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音乐: Get Ready (feat. Blake Shelton) - Pitbull



Intro: 32 Counts

Sequence: 64, 48, 64, 48, 64, Tag, 64

**[01 – 08]: Side Rock, Sailor ¼ Turn, ¼ Step, ¼ Step, Weave**

1-2            Rock right to right, recover weight to left  
3&4            Step right behind left, step left to left, turn ¼ left step right to right (9:00)  
5-6            Turn ¼ left step left to left, turn ¼ left step right to right (3:00)  
7&8            Step left behind right, step right to right, cross left over right

**[09 – 16]: ¼ Step, ½ Step, Pony Step, Out, Out, Hold, Out, Out**

1-2            Turn ¼ right step right forward, turn ½ right step left back (12:00)  
3&4            Step right back pop left knee, recover weight onto left, step right back pop left knee  
5-6            Step left to left diagonal, step right to right  
7&8            Hold, step left forward, step right to right

**Optional Arms:-**

5            Punch left arm forward  
6            Punch right arm up  
7            Hold  
&8            Circle right arm over head in a lasso motion

**[17 – 24]: Back Sweep, Back Sweep, Pony Step, Step Lock, ½ Turn Bounce**

1            Step left back sweeping right from front to back  
2            Step right back sweeping left from front to back  
3&4            Step left back pop right knee, recover weight onto right, step left back pop right knee  
5-6            Step right forward, lock left behind right  
7-8            Bounce heels twice making ½ turn left (6:00)

**[25 – 32]: ½ Turn Bounce, Side Rock, Weave ½ Turn, Hold, In, In**

1-2            Bounce heels twice more making a further ½ turn left (12:00)

**(Counts 23-26 complete a full bounce turn left)**

3-4            Rock right to right, recover weight to left  
5&6            Step right behind left, turn ¼ left step left forward, turn ¼ left step right to right (6:00)  
7&8            Hold, step left to centre, step right beside left

**[33 – 40]: Swivel &, Swivel ¼ Turn, Coaster Step, Walk, Walk, Triple Full Turn**

1&            Swivel right toe to right left heel to left, recover to centre,  
2            Swivel right toe to right left heel to left making ¼ turn right (9:00)  
3&4            Step right back, step left beside right, step right forward  
5-6            Step left forward, step right forward  
7&8            Turn 1/2 left step left forward, step right forward, turn ½ left step left forward (9:00)

**[41 – 48]: Hitch Back Rock, Back Shuffle, ¼ Side Rock Cross, Hold, Knees pop**

&1-2            Hitch right knee, rock right back, recover weight to left  
3&4            Step right back, step left beside right, step right back  
5&6            Turn ¼ left rock left to left side, recover weight to right, cross left over right (6:00)  
7&8            Hold, pop both knees forward (raising heels), return to place (straighten knees, drop heels)

**\*\*\*RESTART Walls 2 (facing 6:00) & 4 (facing 12:00)\*\*\***

**[49 – 56]: Heel Grind ¼ Turn, Coaster Step, Cross, Full Unwind, ½ Turn Shuffle**

- 1-2 Touch right heel to right, grind right heel turn ¼ right taking weight onto left (9:00)  
3&4 Step right back, step left beside right, step right forward  
5-6 Cross left over right, unwind full turn right keep weight on left (9:00)  
7&8 Turn ¼ right step right forward, step left beside right, turn ¼ right step right forward (3:00)

**[57 – 64]: Shuffle, Rock Recover, Coaster Step, Look, ¼ Turn Bounce**

- 1&2 Step left forward, step right beside left, step left forward  
3-4 Rock right forward, recover weight back on to left  
5&6 Step right back, step left beside right, step right forward  
7&8 Hold turning head to look left, bounce heels twice making ¼ turn left (12:00)

**Tag after wall 5 (danced on the 1:30 / 7:30 diagonals) consists of 16 counts repeated 4 times**

**[01 – 08]: Walk Walk, Shuffle, Rock Recover Coaster Step**

- 1-2 Turn ½ right step right forward, step left forward  
3&4 Step right forward, step left beside right, step right forward  
5-6 Rock left forward, recover weight back on to right  
7&8 Step left back, step right beside left, step left forward

**[09 – 16]: ½ Turn Walks, Jazz Box Flick**

- 1-2 Step right forward, turn ¼ left step left forward  
3-4 Step right forward, turn ¼ left step left forward

**\*\*\*On 4th repetition square up to the front wall on count 4 and replace the next 4 counts with the gallop section\*\*\***

- 5-6 Cross right over left, step left back  
7-8 Step right to right side, step left forward flick right foot back

**[13 – 16]: Gallop X 4 (4th repetition only)**

- &5 Step right forward, step left shoulder width apart  
&6 Step right forward, step left shoulder width apart  
&7 Step right forward, step left shoulder width apart  
&8 Step right forward, step left shoulder width apart

**Optional Arms for the Gallop:-**

- &5-8 With left arm forward right arm up, circle right arm over head in a lasso motion 4 times as you move forward
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