

# No Good

拍数: 32      墙数: 4      级数: Novice  
编舞者: Tibor Mosch (DE) - February 2020  
音乐: No Good - Ally Brooke



## Intro: 16 Counts

### LINDI R+L

1&2      Step RF to right side (1) step LF beside RF (&) step RF to right side (2)  
3,4      Step LF back (3), recover on RF (4)  
5&6      Step LF to left side (5) step RF beside LF (&) step LF to left side (6)  
7,8      Step RF back (7), recover on LF (8)

### SYNCOPATED PRISSY WALKS , WALK, WALK, STEP ¼ TURN L

1, 2      Cross RF over LF (1), hold (2)  
3, 4      Cross LF over RF (3), hold (4)  
5, 6      Step RF forward (5), step LF forward (6)  
7, 8      Step RF forward ,(7) make a 1/4 turn l (8) (9.00)

### CROSS, HOLD, SIDE, HOLD, BEHIND, SIDE, CROSS ROCK, RECOVER

1      Cross RF over LF (1)  
**(Bent kness and put your hands on your left knee)**  
2      hold (2)  
3      Step LF to left side (3)  
**(Straighten your body and put your hands up over your shoulders)**  
4      Hold (4)  
5,6      Step RF behind LF (5), Step LF to left side (6)  
7, 8      Cross RF over LF (7),recover on LF (8)

### RUMBA BOX

1, 2      Step RF to right side (1) step LF beside RF (2)  
3, 4      Step RF forward (3), touch LF next RF (4)  
5, 6      Step LF to left side (5) step RF beside LF (6)  
7, 8      Step LF backward (7), touch RF next LF (8)

### REPEAT

**TAG: AFTER 9th WALL (9:00)**

**SIDE, TOUCH, SIDE, TOUCH,**

1,2      Step RF to right side (1) touch LF beside RF (2)  
3,4      Step LF to left side (3) touch RF beside LF (4)