

BC Cowgirl

拍数: 32 墙数: 4 级数: Beginner
编舞者: Dwight Meessen (NL) - February 2020
音乐: Hey Cowgirl - Randall King : (Album: Hey Cowgirl)



Intro 16 counts

Side, Rock Across Recover, Chassé ¼ L, Pivot ¼ L, Cross Shuffle

1-3 RF step side, LF rock across, RF recover
4&5 LF step side, RF together, LF ¼ left step forward
6-7 RF step forward, R+L ¼ turn left
8&1 RF cross over, LF step side, RF cross over [6]

Point, Cross, Point, Weave ¼ L

2-4 LF point side, LF cross over, RF point side
5-8 RF cross over, LF step side, RF cross behind, LF ¼ left step forward [3]

Pivot ½ L, Shuffle ½ L, Walk Bkw x2, Coaster Cross

1-2 RF step forward, R+L ½ turn left
3&4 RF ¼ left step side, LF step beside, RF ¼ left step back
5-6 LF step back, RF step back
7&8 LF step back, RF together, LF cross over [3]

Side, Together, Shuffle Fwd, Pivot ½ R, Shuffle Fwd

1-2 RF step side, LF together
3&4 RF step forward, LF step beside, RF step forward
5-6 LF step forward, L+R ½ turn right
7&8 LF step forward, RF step beside, LF step forward [9]

Start again

TAG: After the 3rd wall [3]:

Side, Rock Across Recover, Chassé, Rock Across Recover, Start Chassé

1-3 RF step side, LF rock across, RF recover
4&5 LF step side, RF together, LF step side
6-7 RF rock across, LF recover
8& RF step side, LF together [3]