Momma's Walking Shoes



拍数: 64 **墙数:** 4 **级数:** Improver

编舞者: Bob Francis (UK) - February 2020

音乐: Nothin' for a Broken Heart - Vince Gill



S1. SIDE BEHIND SIDE TOUCH, HEEL TOUCH, POINT, FLICK.

1-2	Step Right to right side, Step Left behind Right.
3-4	Step Right to right side, Touch Left next to Right.
5-6	Dig Left heel forward, Touch Left next to Right.
7-8	Point Left toe to Left side. Flick Left behind Right.

S2. SIDE BEHIND, QUARTER TOGETHER, TWIST, TWIST.

- 1-2 Step Left to Left side, Step Right behind Left,
- 3-4 Step forward on Left making quarter turn left, Step Right next to Left [weight on both feet].
- Twist both heels to right, Twist both heels back to the centre.Twist both heels to right, Twist both heels back to the centre.

S3. REVERSE RHUMBA BOX.

- Step Right to Right side, Step Left next to Right.
 Step back on Right, Touch Left next to Right.
 Step Left to Left side, Step Right next to Left.
 Step forward on Left, Brush Right forward.
- [Restart 1 here in wall 4]

S4. STEP HALF STEP, TRIPLE FULL TURN.

- 1-2 Step forward on Right, Pivot half turn left, Step forward on Left.
- 3-4 Step forward on Right, Hold.
- 5-6 Step back on Left making half turn right, Step forward on Right making half right.
- 7-8 Step forward on Left, Hold.

[Alternative steps 5-8: run forward on Left, Right, Left, Hold]

S5. STOMP, HEEL TOE HEEL, STOMP, HEEL TOE HEEL.

- 1-2 Stomp forward on Right to right diagonal, Wind Left heel towards Right.
- 3-4 Wind Left toe towards Right, Wind Left heel towards Right. [Keep weight on Right]
- 5-6 Stomp Left forward to left diagonal, Wind Right heel towards Left.
- 7-8 Wind Right toe towards Left, Wind Right heel towards Left. [Keep weight on Left] [Restart 2
 - here in wall 6]

S6. BACK ROCK, KICK KICK, BACK ROCK, KICK KICK.

- 1-2 Rock back on Right, Recover on Left.
- 3-4 Double kick Right foot forward, keeping weight on Left.
- 5-6 Rock back on Right, Recover forward on Left.
- 7-8 Double kick Right foot forward, keeping weight on Left.

S7. RIGHT LOCKSTEP BACK, HOLD, LEFT COASTER, BRUSH.

- 1-2 Step back on Right, Cross Left over Right.
- 3-4 Step back on Right, Hold.
- 5-6 Rock back on Left, Step Right next to Left,7-8 Step forward on Left, Brush Right forward.

S8. RIGHT LOCK FORWARD, BRUSH, PIVOT HALF STEP, HOLD.

- 1-2 Step forward on Right, Lock Left behind Right.
- 3-4 Step forward on Right, Brush Left forward.

5-6 Step forward on Left, Pivot half turn right, Step forward on Right.

7-8 Step forward on Left, Hold.

Tag - at the end of wall one, facing 9:00: Right mambo forward, Left coaster cross.

Restarts - facing 12:00: Wall 4 after 24 counts Wall 6 after 40 counts

Ending – you will be facing 6:00: Walk forward on Right, Left. Pivot half step to face 12:00.