

Forever To Go

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver (Soft Country)
编舞者: Lynne Herman (USA) & David Herman (USA) - February 2020
音乐: Forever to Go - Chase Rice : (Album: The Album - Part 1 - 2:57)



INTRO: 16 counts. Begin on vocals.
NO TAGS OR RESTARTS

S1: KICK-BALL-CROSS, ROCK-RECOVER-CROSS, STEP-BACK-1/4 RIGHT, SIDE, CROSSING SHUFFLE, SIDE

1&2 Kick RF forward (1), recover RF with weight beside LF (&); cross LF in front of RF (2)
3&4 Rock RF to right side (3); recover weight to LF (&); cross RF in front of LF (4)
5 6 Step back with LF while turning ¼ right (5); step RF to right side (6) (3:00)
7&8& Cross LF in front of RF (7); step RF slightly to right side (&); step LF in front of RF (8); step RF to right side (&)

S2: ROCK-RECOVER-SIDE, BEHIND, STEP ¼ LEFT, FULL-TURN-LEFT, BACK-COASTER

1&2 Rock LF behind RF (1); recover weight to LF (&); step LF to left side (2)
3 4 Step RF behind LF (3); ¼ turn left, stepping LF forward (4) (12:00)
5&6 Step RF forward, prep for left turn (5); pivot ½ left, step LF forward, continue turning left (&); complete the full turn, step RF back (6) (12:00)
7&8 Step LF back (7); step RF beside LF (&); step LF forward (8)

EASIER ALTERNATIVE: Rather than the fast full turn on counts 5&6, some dancers might prefer a simple FORWARD-MAMBO. You will be on the correct wall for the BACK-COASTER that follows for counts 7&8.

S3: FORWARD, TOUCH, BACK, KICK, BACK-CROSS-BACK, BACK, BRUSH-HOOK, FORWARD, SCUFF 1/8 LEFT, STEP-LOCK-STEP

1&2& Step RF forward (1); touch LF behind RF (&); step LF back (2); kick RF slightly forward (&)
3&4 Step RF back (3); step LF back, crossing in front of RF (&); step RF back (4)
5&6& Step LF back (5); brush ball of RF back, hooking RF slightly across in front of LF (&); step RF forward (6); scuff LF forward 1/8th left to left diagonal(&) (10:30)
7&8 Step LF forward (7); close RF behind LF (&); step LF forward (8)

S4: ROCK-RECOVER-BACK, BOUNCE ½ RIGHT, STEP-SCUFF X2, WALK X2

1&2 Rock RF forward to 10:30 (1); recover weight to LF (&); step RF back (2)
3&4 Bounce 3 times making swivel ½ turn right, weight finishing on LF (4) (4:30)
5&6& Step RF forward to 4:30 (5); scuff LF forward (&); step LF forward to 4:30 (6); scuff RF forward (&)
7 8 Step RF forward (7); step LF forward, squaring up to start dance on new wall (8) (3:00)

NOTES: Dance ends naturally on front wall at Section 1, count 7

REVISIONS:

***2/15/2020: Originally published**

***2/17/2020: Minor corrections to Section 4**

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Last Site Update - 18 Feb. 2020