Come as You Are



拍数: 32 编数: Beginner / Improver

编舞者: Amy Christian (USA) - February 2020

音乐: Come as You Are - Nirvana



Intro: 32 Count.

ROCK FORWARD ON R, RECOVER, R COASTER STEP, SIDE, TOGETHER, SIDE TOGETHER,

1-2 Rock fwd on R, Recover on L,

3&4 (R Coaster Step) Step back on ball of R, Step on ball of L next to R, Step R fwd,

5-8 Step L to left side, Step R next to L, Step L to left side, Step R next to L,

ROCK FORWARD ON L, RECOVER, L COASTER STEP, SIDE, TOGETHER, SIDE, TOGETHER,

1-2 Rock fwd on L, Recover on R,

3&4 (L Coaster Step) Step back on ball of L, Step on ball of R next to L, Step L fwd,
5-8 Step R to right side, Step L next to R, Step R to right side, Step L next to R,

1/4 JAZZ BOX, 1/4 JAZZ BOX,

1-4 Cross R over L, Step back on L making a ¼ turn right, Step R to right side, Step L slightly

fwd. [3:00]

5-8 Cross R over L, Step back on L making a ¼ turn right, Step R to right side, Step L slightly

fwd, [6:00]

BACK, TOUCH (CLAP), BACK, TOUCH (CLAP), OUT, OUT, IN, IN,

1-2 Step R diagonally back, Touch L next to right (Clap),3-4 Step L diagonally back, Touch R next to left (Clap),

5-6 Step R out to right side, (not fwd), Step L to left side (not fwd),

7-8 Step R in, Step L in,

Start over!

*2nd Song choice is Simple by Florida Georgia Line.

With this song you could do a double clap on counts &8 on the 2nd the 4th eights of the dance.

There is also a 16 count RESTART on Wall 3.

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