

# Whoa.. Get Ready To Ride (aka Bam A Lam)

**COPPER** KNOB  
STEPSHEETS

拍数: 64                      墙数: 2                      级数: Phrased Improver  
编舞者: Kathy Brown (USA) - February 2020  
音乐: Get Ready (feat. Blake Shelton) - Pitbull



#32ct intro : SEQUENCE AABB tag AABB tag AABBB AAB

## Sequence A -32ct -Blake's Bam A Lam

**STEP FORWARD RIGHT OUT, LEFT OUT, STEP RIGHT TO CENTER, LEFT TO CENTER, REPEAT TURNING 1/4 LEFT**

1-2                      Step forward/right diagonal, step forward left diagonal  
3-4                      Step back right, step back left  
5-6                      Turning 1/4 left, step forward/right diagonal, step forward left diagonal  
7-8                      Step back right, step back left

**JUMP FORWARD, RIGHT, LEFT, HIP ROLL, JUMP BACK RIGHT, LEFT, HIP ROLL, STEP RIGHT TO SIDE SWAYING HIPS RIGHT, LEFT, RIGHT, LEFT**

&1-2                      Jump forward right, left, roll hip counter clockwise  
&3-4                      Jump back right, left, roll hip counter clockwise  
5-8                      Step right to side as you sway your hips right, left, right, left

1-16                      Repeat the first 16cts.

## Sequence B: 32ct – Pitbull's verse

**RIGHT SIDE SHUFFLE, ROCK, RECOVER, LEFT SIDE SHUFFLE, ROCK, RECOVER**

1&2                      Step right to side, step left next to right, step right to side  
3-4                      Rock left behind right, recover right  
5&6                      Step left to side, step right next to left, step left to side  
7-8                      Rock right behind left, recover left

**RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, PIVOT 1/2 LEFT, RIGHT KICK BALL CHANGE**

1&2                      Step right forward, step left next to right, step right forward  
3&4                      Step left forward, step right next to left, step left forward  
5-6                      Step right forward, pivot 1/2 left  
7&8                      Kick right forward, step right to center, change weight to left

**RIGHT SIDE SHUFFLE, ROCK, RECOVER, LEFT SIDE SHUFFLE, ROCK, RECOVER**

1&2                      Step right to side, step left next to right, step right to side  
3-4                      Rock left behind right, recover right  
5&6                      Step left to side, step right next to left, step left to side  
7-8                      Rock right behind left, recover left

**SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, ROCK FWD, RECOVER, ROCK BACK, RECOVER**

1&2                      Step right forward, step left next to right, step right forward  
3&4                      Step left forward, step right next to left, step left forward  
5-6                      Rock forward right, recover left  
7-8                      Rock back, right, recover left

**TAG: 16ct, ( Full turn) 1/4 pivots, hip bumps, hip rolls**

1-2                      Step right forward, rolling hip counter clockwise turn 1/4 left  
3-4                      Step right forward, rolling hip counter clockwise turn 1/4 left

- 5-6 Step right forward, rolling hip counter clockwise turn 1/4 left  
7-8 Step right forward, rolling hip counter clockwise turn 1/4 left
- 1-2 Bump hip right x2  
3-4 Bump hip left x2  
5-8 Full rolling hip x2 weight ends on left

Contact: [gondanzn1102@gmail.com](mailto:gondanzn1102@gmail.com)

---