

# Ella es de las mias

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Angels Guix (ES) & Enric Nonell (ES) - January 2020  
音乐: Ella Es de las Mías - Gemeliers : (Album: Stereo)



The song has a long a Capella introduction of approximately 32 second. Start the dance with the first drum beat.

**[1-8] Step touch forward, step touch backward x2, step touch forward, shuffle right, ¼ turn shuffle left**

1&2&      Step RF forward, touch toes of LF beside RF, step LF backward, touch toes of RF beside LF  
3&4&      Step RF backward, touch toes of RF beside LF, step LF backward, touch toes of RF beside LF  
5&6      Step RF to right, step LF together, step RF to right  
7&8      Step LF to left, step RF together, ¼ turn left and step LF forward

**[9-16] Shuffle forward diagonally right, shuffle forward diagonally left, step touch backward x4**

1&2      Step RF forward diagonally right, step LF together, step RF forward diagonally right  
3&4      Step LF forward diagonally left, step RF together, step LF forward diagonally left  
5&6&      Step RF backward, touch LF together, step LF backward, touch RF together  
7&8&      Step RF backward, touch LF together, step LF backward, touch RF together

**[17-24] Rumba box, mambo backward x2**

1&2      Step RF to right, step LF together, step RF forward  
3&4      Step LF to left, step RF together, step LF backward  
5&6      Rock RF backward, recover on LF, step RF to right  
7&8      Rock LF backward, recover on RF, step LF to left

**[25-32] ¼ turn jazz box x2**

1,2      Cross RF over LF, ¼ turn right and step LF backward  
3,4      Step RF to right, step LF forward  
5,6      Cross RF over LF, ¼ turn right and step LF backward  
7,8      Step RF to right, step LF forward

**Start again**

**No Tags, No Re-Start**

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