

Awas Dong Dengar

拍数: 32 墙数: 4 级数: Improver
编舞者: Ole Jacobson (DE) & Nina K. (DE) - February 2020
音乐: Awas Dong Dengar (feat. PAX Group) - Alfred Gare



Sequence: 32, 32, 32, T1, 32, T2, 32, T1, 32, T2, 32, 32, T1, 32, T2, 32, T1, 32, T2, 32, T1, 32
The dance begins after 15 seconds

(1-8) Side, manbo back, side, manbo back, cross, point, cross, point

1 RF step to the right
2&3 LF behind RF - Weight to RF - LF step to the left
4&5 RF behind LF - Weight to LF - Cross RF over LF
6-8 Tap LF to the left - Cross LF over RF - Tap RF to the right

(9-16) Heel, toe back, scuff with knee lift, side with 1/4 turn L, behind, side, cross shuffle

1-2 RHeel tap forward - RF tap back
3-4 RF Swing forward (heel touches floor) and knee lift - 1/4 turn L and RF step to right
5-6 Cross LF behind RF - Step RF to right
7&8 Cross LF over RF - Move RF to LF - Cross LF over RF

(17-24) Side, recover, behind, side, cross, point, cross, touch fwd, diagonal back step

1-2 RF steps to the right - Weight back to LF
3&4 Cross RF behind LF - LF step to the left - Cross RF over LF
5-6 Touch LF to left - Cross LF over RF
7-8 Tap RF forward - RF step diagonally back right

(25-32) Cross, side, heel (R+L), together, cross

1-2 Cross LF over RF - RF step to the right
3-4 Tap LF heel diagonally left in front - Place LF next to RF
5-6 Cross RF over LF - LF step to the left
7&8 Tap RHeel fwd diagonally to the right - Place RF next to the LF - Cross LF over RF (weight on LF)

...and from beginning

(TAG1: 6 Counts)

Side, touches (R+L), side, together

1-2 RF step to the right - Tap LF next to RF
3-4 LF step to the left - Tap RF next to LF
5-6 RF step to the right - Place LF next to RF (weight on LF)

(TAG2: 2 Counts) just dance the last 2 counts of TAG1

side, together

1-2 RF Step to the right - Place LF next to RF (weight on LF)

Last Update - 15 Feb. 2020