

The Loneliest Girl

COPPERKNOB
BYEPOSTETS

拍数: 16 墙数: 2 级数: Improver NC2S
编舞者: Charles Alexander (SWE) - February 2020
音乐: The Loneliest Girl - CAROLE & TUESDAY (Vo. Nai Br.XX & Celeina Ann) : (CD: Carole & Tuesday)



Intro: 16 counts, approx. 18 sec – 56 bpm

[1 – 8] CROSS ROCK, SIDE, CROSS & SWEEP, CROSS, 1/4, 1/4 RIGHT BASIC, FULL ROLLING TURN LEFT

- 1-2& Angle body to 10:30 and rock R forward. Recover onto L. Step R to side, squaring up to 12:00.
- 3-4& Cross L over R sweeping R foot from back to front. Cross R over L. Make 1/4 turn right and step back on L.
- 5-6& Make 1/4 turn right and step R to side. Step L slightly behind R. Cross R over L. [6:00]
*Restart at Wall 5 & 10
- 7-8& Make 1/4 turn left and step L forward. Make 1/2 turn left and step R back. Make 1/4 turn left and step L to side. [6:00]

Non-turning option: Step L to side (7). Step R behind L (8). Step L to side (&).

[9 – 16] (CROSS ROCK, RECOVER, SIDE) x2, WALK R-L, STEP, 1/2 TURN, RUN-RUN 3/8 ARC TURN

- 1-2& Rock R over L. Recover onto L. Step R to side.
- 3-4& Rock L over R. Recover onto R. Step L to side.
- Styling: Feel free to let your body angle up towards the diagonals (4:30 & 7:30) during the cross rocks.
- 5-6 Step R forward. Step L forward.
- 7& Step R forward. Make 1/2 turn left shifting weight to L.
- 8& "Run" R-L forward in an arc making 3/8 turn left. [7:30]

Restart: Danced during wall 5 (facing 12:00) & wall 10 (facing 6:00)

Dance up until count 4 then change count 5-6& to:

- 5-6 Make 1/4 turn right and step R to side and sway right. Sway left. Drag R towards L.

Ending: During Wall 11 (facing 12:00), omit the arc turn on count 16& and just run forward to end at 12:00.

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