

Breaking Me

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Matt Lewis (UK) & Ray Jones (WLS) - February 2020
音乐: Breaking Me - Topic & A7S



No Tags, No Restarts

Start on Main Beat (Approx. 19 secs)

[01 - 08] Kick Ball Step, Step Point, Weave, Skate, Skate

1&2 Kick right forward, step right beside left, step left forward
3-4 Step right forward, point left to left
5&6 Step left behind right, step right to right, cross left over right
7-8 Skate right forward, skate left forward

[09 - 16] Side Shuffle, Cross Rock, Side Shuffle, Rock

1&2 Step right to right, step left beside right, step right to right
3-4 Cross rock left over right, recover weight back on to right
5&6 Step left to left, step right beside left, step left to left
7-8 Rock right back, recover weight to left

[17 - 24] Side, Together Together ¼ Side, Together Together Forward, Walk, Step Lock Step

1 Step right to right
2&3 Step left beside right, step right beside left, turn ¼ right step left to left
4&5 Step right beside left, step left beside right, step right forward
6 Step left forward
7&8 Step right forward, lock left behind right, step right forward

[25 - 32] Rock Sweep, ½ Sailor Step, Kick Ball Touch, & Down & Step

1-2 Rock left forward, recover weight back on to right sweeping left from front to back
3&4 Step left behind right, turn ¼ left step right to right, turn ¼ right step left forward
5&6 Kick right forward, step right beside left, touch left forward
&7 Push hips slightly forward, bend knees push hips back
&8 Push hips forward, step left forward
