What a Man Gotta Do?

级数: Beginner

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音乐: What a Man Gotta Do - Jonas Brothers : (2:54)

Intro section (0-48), Begin with your back to the start/12:00 wall, Begin on vocal "Cut my heart.."

12345678	4 X Toe struts beginning on the right foot
12	Step forward on right, half pivot round, step on left,
345678	3 X Toe struts starting with right foot
12	Step forward on left, half pivot round, step on right,
345678	3 X Toe struts starting with left foot
12	Step forward on right, half pivot round, step on left
345678	3 X Toe struts starting with right foot
12345678	Rock forward on left, recover on right, rock back on the left, recover on the right X 2
1234	Step forward on left, half pivot to the back/6:00 step on the right, step forward on the left, half pivot to face the front/12:00, step on the right
56	Step left to left side, step right to right side (feet now shoulder width apart)
78	Hold stance for 2 counts

7 8 Hold stance for 2 counts

END OF INTRO

DANCE BEGINS ON VOCAL: "WHATTA MAN GOTTA DO?"

Section 1: (1-8) Elvis knees X 4, Toe heel struts X 2

- 1234 Pop left knee in, right knee in, left knee in, right knee in
- 5678 Right toe, right heel, Left toe, left heel

Section 2: (9-16) Prissy walks, 2 X ¼ Paddle turns left, Step right over left,

- 12 Walk right foot forward in front of you, walk left foot forward in front of you
- 3456 Step forward on the right, turn ¼ pivot left, recover on left, step onto right foot turn ¼ pivot left, recover on left (Now facing 6:00)
- 78 Step right foot across left, step left to left side

Section 3: (17-24) Shuffle forward, step right, shuffle back, Coaster step, step forward X 2

- 12&34 Step right next to left, step left forward, step right next to left, step left forward, step right to side
- 56&7&8 Step left to right, step back on the right, step back left to right, step back on right, step left next to right, step forward on right

Section 4: (25-32) Step and point X 2, Step right over left, Step left to left side, recover on right

- 12345 Step forward on left, step forward on the right, point left toe to left side, step forward on the left, point right toe to right side
- 678 Step right across left, Step left to left side, recover on right with a stomp

REPEAT

Dance follows an anti clockwise rotation and ends facing the back/6:00 wall. Last time around, Section 2 facing the front, dance the 2 X ¼ paddle turns which bring you to face the back, now add on a half turn pivot which will bring you back around to the front and put your right foot out to right side with a pointed toe to end the dance.

ENJOY!



拍数: 32

墙数: 2