

The Down & Out BLUES ..

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Beginner
编舞者: Val Saari (CAN) - February 2020
音乐: The Down & Out Blues - Shane Thompson



Intro 32 counts: begin on the downbeat (right before the word "Ain't")

CHARLESTON STEPS

1-2 Step RF forward, Kick LF forward
3-4 Step LF back, Touch RF back
5-6 Step RF forward, Kick LF forward
7-8 Step LF back, Touch RF back

LINDY RIGHT, STEP-FLICKS BEHIND

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5-6 LF Step left, Drag RF toes and flick up behind L
7-8 RF Step right, Drag LF toes and flick up behind R

RUMBA BOX

1-2 Step LF to left side, Step RF beside L
3-4 Step LF forward, Hold
5-6 Step RF to right side, Step LF beside R
7-8 Step RF back, Hold

LINDY LEFT TURN 1/4 R, RF ROCKING CHAIR

1&2 Shuffle left (LRL)
3-4 Rock back on RF Turn 1/4 R, Recover on LF
5-6 Rock RF forward, Recover LF
7-8 Rock RF back, Recover LF

REPEAT

No Tags, No Restarts

Email: valeriesaari@icloud.com

Phone: 1-905-246-5027
