

# Kickstart The Rhythm

**COPPER KNOB**  
BY STEPHEN METZ

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2020  
音乐: Dance Again - Selena Gomez



Start after 48 count intro – approx. 27secs – 112bpm – 2mins 50secs  
Music Available: Amazon etc.

## [1-8] R kick ball cross, ½ L hinge turn together, R/L switches, R side rock/recover

1&2                      Kick R forward, step R back, cross step L over R  
3-4                      Turning ¼ left step R back, turning ¼ left step L side (together) (6 o'clock)  
5&                      Point R toes to right side, step R together  
6&                      Point L toes to left side, step L together  
7-8                      Rock R to right side, recover weight on L

## [9-16] R cross rock/recover, R ball cross side, L sailor, ¼ R toaster

1-2                      Cross rock R over L, recover weight on L  
&3-4                      Step R back, cross step L over R, step R side  
5&6                      Cross step L behind R, step R side, step L side  
7&8                      Cross step R behind L turning ¼ right, step L back, step R forward (9 o'clock)

## [17-24] L fwd kick, L tog, R toe touch, R tog, L heel ball step R fwd, L fwd, ¼ R pivot turn, cross L over R, R side, touch L heel to diagonal

1&                      Kick L forward, step L together  
2&                      Touch R toes behind left (or together), step R together  
3&4                      Touch L heel forward, step L back, step R forward  
5-6                      Step L forward, pivot ¼ right (12 o'clock)  
7&8                      Cross step L over R, step R side, touch L heel to left diagonal

## [25-32] L ball cross side, R behind/L side/R cross, L side rock/turning ¼ R recover R, ¼ R ball step, ¼ R ball step, L tog

&1-2                      Step L back, cross step R over L, step L side  
3&4                      Cross step R behind L, step L side, cross step R over L  
5-6                      Rock L side, turning ¼ right recover weight on R (3 o'clock)  
&7                      Step L together, turning ¼ right step R forward (6 o'clock)  
&8&                      Step L together, turning ¼ right step R forward, step L together (9 o'clock)

## TAG END OF WALL 6: Facing back wall (6 o'clock), ADD following 4 counts:

### [1-4] Right rocking chair

1-2                      Rock R forward, recover weight on L  
3-4                      Rock R back, recover weight on L

Tel: 01462 735778 Email: [info@thedancefactoryuk.co.uk](mailto:info@thedancefactoryuk.co.uk) Website: [www.thedancefactoryuk.co.uk](http://www.thedancefactoryuk.co.uk)