

# Pick Her Upper

COPPER KNOB  
STEP SHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Randy Pelletier (USA) - February 2020  
音乐: Pick Her Up (feat. Travis Tritt) (Radio Edit) - Hot Country Knights



Intro: Start on Lyrics

## [1-8] HEEL, TOE, HEEL, TOE, STEP, KICK, BACK, TOUCH

1 - 2      Touch right heel forward, touch right next to left  
3 - 4      Touch right heel forward, touch right next to left  
5 - 6      Step right forward, kick left forward  
7 - 8      Step left in place, touch right toe back

## [9 - 16] STEP, KICK, BACK, TOUCH, ¼ LEFT PIVOT, CROSS, HOLD

1 - 2      Step right forward, kick left forward  
3 - 4      Step left in place, touch right toe back  
5 - 6      Step right forward, turn ¼ left  
7 - 8      Cross right over left, hold

## [17 - 24] EXTENDED VINE LEFT, ROCK, RECOVER, STOMP, HOLD

1 - 2      Step left to side, cross right behind left  
3 - 4      Step left to side, cross right over left  
5 - 6      Rock left to side, recover weight to right.  
7 - 8      Stomp left next to right, hold

**\*\* (Restart here on 10th wall)**

## [25 - 32] ¼ RIGHT MONTEREY TWICE

1 - 2      Point right to side, turn ¼ right stepping right next to left  
3 - 4      Point left to side, step left next to right  
5 - 6      Point right to side, turn ¼ right stepping right next to left  
7 - 8      Point left to side, step left next to right

**REPEAT**

**EASY RESTART - Which you can easily hear in the music.**

**\* On 10th wall (3rd time you start dance facing 3 O'clock) dance through count 24 and Restart dance.  
(You will be facing front when the Restart occurs)**

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If you would like to use on your website please make sure it is in its original format.

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