

拍数: 32 墙数: 4 级数: Improver
编舞者: Yvonne Krause (USA) - February 2020
音乐: Ex - Jennifer Belle : (iTunes)



#16 COUNT INTRO – 1 RESTART

[1-8] SIDE ROCK RECOVER, CROSSING SHUFFLE, REPEAT ON LEFT

1-2 Rock right foot out to side, recover onto left.
3&4 Cross right over left, step left to left side, cross right over left.
5-6 Rock left foot out to side, recover onto right.
7&8 Cross left over right, step right to right side, cross left over right.

[9-16] MONTEREY PENDULUM

1-2 Touch right toe to right side as you turn ½ right on ball of left stepping together on right.
3-4 Touch left toe to left side as you turn ¼ left on ball of right stepping together on left.
5-6 Touch right toe to right side as you turn ½ right on ball of left stepping together on right.
7-8 Touch left toe to left side as you turn ¼ left on ball of right stepping together on left. (6:00)

[17-24] SHUFFLE FORWARD ON RIGHT, PIVOT 1/4 RIGHT, SHUFFLE FORWARD ON LEFT, PIVOT 1/4 LEFT

1&2 Shuffle forward by stepping right, left, right.
3-4 Step forward on left, pivot ¼ right. (9:00)
5&6 Shuffle forward by stepping left, right, left.
7-8 Step forward on right, pivot ¼ left. (6:00)

***Dance the above 24 counts then restart the dance during the second time around**

[25-32] JAZZ BOX, SIDE SWITCHES RIGHT & LEFT

1-4 Cross right over left, step back on left, step right to right side, step left next to right.
5-6& Touch right toe to right side and hold, jump down onto right next to left.
7-8& Touch left toe to left side and hold, jump down onto left next to right.

***RESTART DURING THE 2nd REVOLUTION FACING 12:00 AFTER 24 COUNTS**

May You Always Dance Like No One Is Watching

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