

Waltz With Me Through Life

COPPER **KNOB**
BY STEPHEN HETS

拍数: 24 墙数: 4 级数: Improver / Intermediate
编舞者: Helaine Norman (USA) - January 2020
音乐: The Rest of Our Life - Tim McGraw & Faith Hill
或: most any waltz



Notes: Good for Valentine's Day. No tags or restarts

I. BALANCE, THREE STEP ROLLING TURN

1-3 Step L side, rock R behind L, recover to R
4-6 Step R side making $\frac{1}{4}$ turn right, step L forward making $\frac{1}{2}$ pivot turn right, step R making $\frac{1}{4}$ turn right (12:00)

Optional for 4-6: Step R side, step L together, step R side

II. ROCK RECOVER, $\frac{1}{4}$ TURN, FORWARD WALTZ

1-3 Rock L over R, recover to R, step L forward making $\frac{1}{4}$ turn left
4-6 Step R forward, step L together, step R together

III. $\frac{1}{2}$ TURN HINGE, FORWARD, WALTZ

1-3 Step L behind R making $\frac{1}{4}$ right (12:00), step R forward making $\frac{1}{4}$ turn right, step L together (or slightly forward) (3:00)
4-6 Step R forward, step L together, step R together

IV. SWEEPING REVERSE WEAVE, SIDE, DRAW

1-3 Step L (with sweep) behind R, step R side, step L over R
4-6 Step R side, draw L touch beside R

REPEAT

OPTIONAL ADDITIONAL BASIC WALTZ DIAMONDS (TO CORNERS UNTIL END) - 24 COUNTS:

$\frac{1}{8}$ DIAGONAL TURN WALTZ FORWARD, WALTZ BACKWARD

1-3 Step L forward making $\frac{1}{8}$ turn left, step R together. step L together (1:00)
4-6 Step R back, step L together, step R together (1:00)

$\frac{1}{2}$ DIAGONAL TURN WALTZ FORWARD, WALTZ BACKWARD

1-3 Step L forward making $\frac{1}{2}$ turn left, step R together. step L together (11:00)
4-6 Step R back, step L together, step R together (11:00)

$\frac{1}{2}$ DIAGONAL TURN WALTZ FORWARD, WALTZ BACKWARD

1-3 Step L forward making $\frac{1}{2}$ turn left, step R together. step L together (7:00)
4-6 Step R back, step L together, step R together (7:00)

$\frac{1}{2}$ DIAGONAL TURN WALTZ FORWARD, $\frac{1}{8}$ TURN BEHIND, SIDE CROSS

1-3 Step L forward making $\frac{1}{2}$ turn left, step R together. step L together (4:00)
4-6 Step R back making $\frac{1}{8}$ turn left (3:00), step L side, step R over L (3:00)

REPEAT FROM BEGINNING

E-mail: helaine43@gmail.com

Last Update - 26 Jan. 2022-R2