

# Hello, Eleni

拍数: 42                      墙数: 4                      级数: Beginner  
编舞者: Sharon Balding - January 2020  
音乐: Eleni - Tol & Tol



## Begin with the singing

### Section 1: Side steps to Right, Rocking Chair

1-2                      Step R to Right, slide L together  
3-4                      Step R to Right, close L and touch  
5-6                      Rock L forward, recover  
7-8                      Rock L back, recover

### Section 2: Side steps to Left, Rocking Chair

1-2                      Step L to Left. Slide R together  
3-4                      Step L to Left, close R and touch  
5-6                      Rock R forward, recover  
7-8                      Rock R back, recover

### Section 3: Paddle steps to Left, Jazz Box

1-2,3-4                  Keeping weight on L, push with R 1/4 turn going Left ..Repeat  
5-6                      Step R over L, step L back  
7-8                      Step R to Right, step L together.

### Section 4: Right and Left Heel Digs, Pivot Left, Forward Rock

1-2                      Tap R Heel forward, step back in place  
3-4                      Tap L Heel forward, step back in place  
5-6                      Step forward on R, pivot 1/2 turn forward to L  
7-8                      Rock R. forward, recover

### Section 5: Back Rock, Turn Left, Jazz Box, Sway Right and Left

1-2                      Rock R. back ,recover  
3-4                      Step on R, make 1/4 turn to Left, stepping on L  
5-6                      Step R over L. Step L back  
7-8                      Step R to side, step L together  
9-10                      Step R swaying to Right, Sway to Left

## BEGIN THE DANCE AGAIN

Restart: On the 4th wall: do only the first 24 steps,(completing Section 3 with the turn and jazz box in place)  
Begin again with the singing.

We like this as a cool-down or break between faster dances.

Variation: By eliminating Steps 9-10 this can be done to faster-paced music

i.e. Hawaiian Roller Coaster—Lilo and Stitch  
Coconuts—Smile  
E Vahine Machie—Fenua  
Ciega, Sordomuda—Shakira