

I Believe

拍数: 48 墙数: 2 级数: Improver
编舞者: Judy Rodgers (USA) - February 2020
音乐: I Believe - Jonas Brothers : (Amazon.com)



#16 count intro (No Tags Or Restarts)

S1: Side rock recover, side behind turn 1/4 L, step turn 1/2 R, coaster step

1-2& Step R big step to right side, rock L back behind R, recover R
3-4& Step L to left side, step R behind L, turn 1/4 left step L fwd 9:00
5-6 Step R fwd, turn 1/2 right step L back 3:00
7&8 Step R back, step L beside R, step R fwd

S2: Kick ball cross, step drag/touch, sailor turn 1/4 R, sync rocking chair

1&2 Kick L, step down on L, step R across L
3-4 Step L big step left, drag/touch R beside L
5&6 Turn 1/4 right step R behind L, step L to left side, step R to right side 6:00
7&8& Rock L fwd, recover R, rock L back, recover R

S3: Step, point, step, point, step turn 1/2 L together, walk walk

1-2 Step L fwd, point R to right diagonal
3-4 Step R fwd, point L to left diagonal
5-6& Step L fwd, turn 1/2 left step R back, step L beside R 12:00
7-8 Walk R, wall L

S4: Mambo step, turn 1/4 L half box, rock recover, sweep/step, sweep/step

1&2 Rock R fwd, recover L, step R back
3&4 Turn 1/4 left step L to left, step R beside L, step L fwd 9:00
5-6 Rock R fwd, recover L
7-8 Sweep R front to back step down R, sweep L front to back step down L

S5: Coaster step, skate skate, kick ball step, turn 1/4 L touch

1&2 Step R back, step L beside R, step R fwd
3-4 Skate fwd L, skate fwd R
5&6 Kick L fwd, step L down, step R fwd
7-8 Turn 1/4 left step L to left side, touch R beside L 6:00

S6: Step lock & step lock, rock recover, sway sway

1-2& Step R fwd to right diagonal, lock L behind R, step R fwd
3-4& Step L fwd to left diagonal, lock R behind L, step L fwd
5-6 Rock R fwd, recover L
7-8 Step/sway R, sway L
