

Memories

拍数: 32 墙数: 4 级数: Improver
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音乐: Memories - Maroon 5



#16 count intro

(1-8) Side Rock, Cross & Cross, Side Rock, Coaster Step

1-2 Rock R to R, Recover on L
3&4 Cross R over L, recover weight onto ball of L, Cross R over L
5-6 Side Rock L to L, recover on R
7&8 Step back on L, step R next to L, step forward on L

(9-16) Pivot ½ Turn, ½ Turn Shuffle, ½ Turn Shuffle, Pivot ½ Turn

1-2 Step R forward, Pivot L ½ turn onto L (6 O' Clock)
3&4 L ½ Turn shuffling R,L,R (12 O' Clock)
5&6 L Turn ½ L shuffling L,R,L (6 O' Clock)
7-8 Pivot L ½ Turn stepping slightly forward on R and pivot rising up on balls of both feet,
 finishing with weight on L (12 O' Clock)

NOTE : Steps 3&4 and 5&6 Can both be forward shuffles for a non turning option.

(17-24) Rock, Recover, Coaster Step, ¼ Turn, Cross, Hold

1-2 Rock forward on R, Recover on L
3&4 Step back on R, Step L next to R, step R forward
5-6 Step forward on L, make ¼ turn R on R (3 O' Clock)
7-8 Cross L over R, Hold

(25-32) ¼ Turn, ¼ Turn, Cross, Hold, ¼ Turn, ¼ Turn, Cross & Cross

1-2 Turn ¼ L stepping back on R, Turn ¼ L stepping L to L (9 O' Clock)
3-4 Cross R over L, Hold
5-6 Turn ¼ R stepping back on L, Turn ¼ R stepping R to R (3 O' Clock)
7&8 Cross L over R, Recover weight on ball of R, Cross L over R (3 O' Clock)

Tag: 2 counts at the end of walls 1 and 4

1-2 Sway R, Sway L

Dance ends facing 12 O' Clock at the end of wall 8. Point R to R on last beat of music.

Dedicated to friends and family that are gone, but not forgotten.
