

Ladies Love Pickup Trucks

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Mark Paulino (USA) - January 2020
音乐: Pick Her Up (feat. Travis Tritt) - Hot Country Knights



Starts: 16 counts - 1 Tag/Restart

[1 - 8] STEP LOCK STEP, SCUFF, OVER BACK SIDE, SCUFF

1 2 L steps forward diagonally, R locks behind L 12:00
3 4 L steps forward diagonally, R scuffs forward
5 6 R crosses over L, L steps back
7 8 R steps to the side, L scuffs forward

[9 - 16] ROCKING CHAIR, ½ PIVOT TURN, STOMP x2

1 2 Rock L forward, recover back on R
3 4 Rock L backwards, recover ahead on R
5 6 L steps forward ½ pivot turn R, ending weight shift on R 6:00
7 8 Stomp L forward, stomp R forward (or walk walk)

[17 - 24] ½ PIVOT TURN, ½ TURN, ¼ TURN, KNEE IN, KNEE OUT WITH A ¼ TURN, 2 STEP TURN

1 2 L steps forward ½ turn pivot R, ending weight shift on R 12:00
3 4 L steps forward with a ½ turn R, ¼ turn R with R side step 6:00
5 6 Pivot L knee in keeping weight on R, pivot L knee out with a ¼ turn L weight shifting into L 9:00
7 8 R steps forward with a ½ turn L, L steps back with a ½ turn L 6:00

[25 - 32] TOE TOUCH MONTEREY ¼ TURN, TOE TOUCH, HOLD, HEEL TOUCH, HOLD

1 2 R toe touch to the side, ¼ turn R while R steps besides L 9:00
3 4 L toe touch to the side, L steps besides R
5 6 R toe touch to the side with R knee pointed in while L heel swivel R, hold
7 8 R heel touch to the side with R knee pointed out while L toe swivel R, hold

[33-40] HEEL/TOE SWIVELS WITH TOE/HEEL TOUCH, ¼ TURN STEP, FORWARD KICK, ROCK BACK/RECOVER

1 2 R toe touch to the side with R knee pointed in while L heel swivel R, R heel touch to the side with R knee pointed out while L toe swivel R
3 4 R toe touch to the side with R knee pointed in while L heel swivel R, R heel touch to the side with R knee pointed out while L toe swivel R
5 6 ¼ turn L with R stepping back, L kick forward 6:00
7 8 L rocks back, recover ahead on R

[41-48] WALK, HOLD, WALK, HOLD, PRESS/STEP BACK SLIDE, BACK ROCK/RECOVER

1 2 L step forward, hold
3 4 R step forward, hold
5 6 Press R down as you take a big step back with the L, dragging R towards L
7 8 Rock R back, recover ahead on L

[49-56] STOMP, HOP TOGETHER FORWARD X3, HOP APART, HIP BUMPS X3

1 2 Stomp R besides L, hop forward with feet together
3 4 Hop forward with feet together, hop forward with feet together
5 6 Hop forward with feet apart, L hip bump
7 8 R hip bump, L hip bump

[57-64] FORWARD ROCK/RECOVER, STEP BACK, DIAGONAL HITCH, STEP BACK, DIAGONAL HITCH, STEP BACK, HOOK

1 2 R forward rock, recover back onto L
3 4 R step back, L hitch diagonally
5 6 L step back, R hitch diagonally
7 8 R step back, L hook over R

TAG/RESTART – 5th wall, towards the end facing the back wall

STOMP, HOP TOGETHER FORWARD X3, HOP APART, HOLD/POSE

1 2 Stomp R besides L, hop forward with feet together 6:00
3 4 Hop forward with feet together, hop forward with feet together
5 Hop forward with feet apart
6 7 8 Hold (or pose)

ALTERNATIVE STEPS

[17 - 24] ½ PIVOT TURN, SHUFFLE ½ TURN, BACK ROCK/RECOVER, WALK WALK

1 2 L steps forward ½ turn pivot R, ending weight shift on R 12:00
3&4 ¼ turn R with L side step, R steps besides L, ¼ turn R with L stepping back 6:00
5 6 R rocks back, recover ahead on L
7 8 R steps forward, L steps forward

[49-56] WALK FORWARD X4, R/L SIDE STEP, HIP BUMPS X3

1 2 R steps forward, L steps forward 6:00
3 4 R steps forward, L steps forward
&5 6 R side step, L side step, L hip bump
7 8 R hip bump, L hip bump

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