

# One by One

拍数: 32                      墙数: 4                      级数: Beginner  
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音乐: One by One - Broken Back : (CD: Good Days)



## #16 counts intro

### S1 – R DIAGONAL ROCK, TRIPLE STEP, L DIAGONAL ROCK, TRIPLE STEP

1-2                      Rock Rf diagonally forward right – recover onto Lf  
3&4                     Step Rf diagonally forward right – step Lf beside Rf – step Rf diagonally forward right  
5-6                     Rock Lf diagonally forward left – recover onto Rf  
7&8                     Step Lf diagonally forward left – step Rf beside Lf – step Lf diagonally forward left

### S2 – R JAZZBOX SQUARE, SIDE MAMBO R & L

1-4                     Cross Rf over Lf – step back on Lf – step Rf to right side – cross Lf over Rf  
5&6                     Rock Rf to right side – recover onto Lf – close Rf next to Lf  
7&8                     Rock Lf to left side – recover onto Rf – close Lf next to Rf

### S3 – R ROCKING CHAIR, R ROCK FWD, TRIPLE ½ TURN R

1-2                     Rock Rf forward – recover onto Lf  
3-4                     Rock Rf back – recover onto Lf  
5-6                     Rock Rf forward – recover onto Lf  
7&8                     Turn 1/4 right stepping Rf to side – close Lf next to Rf – turn 1/4 right stepping Rf forward (6:00)

### S4 – SIDE, BEHIND, ¼ TURN L, L TRIPLE FWD, PADDLE ½ TURN L, TOUCH

1-2                     Step Lf to left side – step Rf behind Lf  
3&4                     Turn 1/4 left stepping Lf forward – close Rf next to Lf – step Lf forward (3:00)  
5-6                     Turn 1/8 left & touch Rf to right side – turn 1/8 turn left & touch Rf to right side (12:00)  
7,8                     Turn 1/8 left & touch Rf to right side – turn 1/8 left & touch Rf next to Lf (9:00)

### Tag after wall 4, facing 12:00 :

#### V STEP

1-4                     Step Rf diagonally right forward (out) – step Lf to left side (out) – step Rf back to centre (in) – close Lf next to Rf (in)

« Croquez La Vie à Pleines Danses ! » Magali Chabret - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr) - [www.galichabret.com](http://www.galichabret.com)  
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.