

Ride Me Back Home

拍数: 60 墙数: 2 级数: Low Intermediate
编舞者: Lars Kuif (NL) - January 2020
音乐: Ride Me Back Home - Willie Nelson



Info: Starts after 24 counts

[1 – 6] ½ Basic Waltz Turn L, Step-Lock-Step Back,

1 – 3 Step L fwd. (1), ½ L stepping R next to L (2), step L next to R (3) [06.00]
4 – 6 Step R back (4), step L across R (5), step R back (6) [06.00]

[7 – 12] Step Back, Drag, ½ Basic Waltz Turn R

1 – 3 Step L back (1), drag R towards LF (and turn body slightly to L diagonal) (2,3) [06.00]
4 – 6 Step R fwd. (4), ½ R stepping L next to R (5), step R next to L (6) [12.00]

[13 – 18] Step Back, Sweep, Behind-Side-Cross

1 – 3 Step L back (1), sweep R backwards (2,3) [12.00]
4 – 6 Step R behind L (4), step L to side (5), step R across L (6) [12.00]

[19 – 24] ¼ L, Step Fwd., ½ L With Knee Lift, Shuffle Fwd.

1 – 3 ¼ L stepping L fwd. (1), ½ turn left on LF while lifting R knee (2,3) [03.00]
4 – 6 Step R fwd. (4), step L next to R (5), step R fwd. (6) [06.00]

[25 – 30] Step Fwd., Knee Lift, Anchor Step

1 – 3 Step L fwd. (1), lift R knee fwd. (2, 3) [03.00]
4 – 6 Step R behind L (4), recover weight to LF (5), recover weight to RF (6) [03.00]

[31 – 36] Step Diag. Back, Drag, Shuffle Diag. Back

1 – 3 Step L diag. back (1), drag R towards LF (2, 3) [03.00]
4 – 6 Step R diag. back (4), step L next to R (5), step R diag. back (6) [03.00]

[37 – 42] Step Diag. Back, Drag, Shuffle Diag. Back

1 – 3 Step L diag. back (1), drag R towards LF (2, 3) [03.00]
4 – 6 Step R diag. back (4), step L next to R (5), step R diag. back (6) [03.00]

[43 – 48] Step Back, Point To Side, 1/8 R, Point To Side

1 – 3 Step L back (1), point R to side (2, 3) [03.00]
4 – 6 1/8 R stepping R slightly fwd. (4), point L to side (5, 6) [04.30]

[49 – 54] Basic Waltz Step Fwd, Basic Waltz Step Back

1 – 3 Step L fwd. (1), step R next to L (2), step L next to R (3) [04.30]
4 – 6 Step R back (4), step L next to R (5), step R next to L (6) [04.30]

[55 – 60] Step Fwd., Point To Side, 1/8 R, Point To Side

1 – 3 Step L fwd. (1), point R to side (2,3) [04.30]
4 – 6 1/8 R stepping R slightly fwd. (4), point L to side (5,6) [06.00]

Begin again!

TAG:

At the end of wall 3 and 7 add (both facing 06.00 at the start of the Tag):

Basic Waltz Turn L, Basic Waltz Step Back

1 – 3 Step L fwd. (1), ½ L stepping R next to L (2), step L next to R (3)

4 – 6 Step R Back (4), step L next to R (5), step R next to L (6)

Basic Waltz Turn L, Basic Waltz Step Back

1 – 3 Step L fwd. (1), ½ L stepping R next to L (2), step L next to R (3)

4 – 6 Step R Back (4), step L next to R (5), step R next to L (6)

Step L Fwd., Sweep R Fwd., Step R Fwd., Sweep L Fwd.

1 – 3 Step L fwd. (1), sweep R fwd. (2,3)

4 – 6 Step R fwd. (4), sweep L fwd. (5, 6)

Continue dancing with count 1, section 1

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